



The above 2 graph illustration showing the results post therapies from trial conducted with **10 case studies**, 7 males, 3 females. Age group ranged from 39 to 86 with the exception of one [in care home] all others lives at home with spouses as their main carer. All with the exception of the one in Care home were also put on an **additional daily diet of:**

Walnuts Almonds Blueberries Avocado Pomegranate

The intervals between sessions were 2 days for the total of 12 sessions and thereafter on weekly basis. The final observation logged as at end of 31/10/14. The following observations were noted for specific brain functions:



Category A

Mobility Co-ordination Motor Speech Long / Short term Memory
Nightmares depression Cognition levels

Category B

Self-dressing Reading Writing Activities Answering phone Gardening
Vacuuming Independent walking

The following conclusions were drawn with reference to the graphs:

1. All ceased to have nightmares despite continuing to take Aricept
2. The average Depression level also dropped below 20% and I believe as a result of which they were able to conduct and manage themselves more independently as the brain function improved.
3. The speech remained constant in most and showed improvement in the 1% who had some difficulty pre-therapies.
4. In all the 7 other categories there were remarkable improvements made progressively.
5. As at 31/10/14 items in 1, 2 remained unchanged and items in 3, 4 showed no drop in any category levels.

Generally, it is my view that NRS does benefit in improving the symptoms of Dementia. There is a case for setting up training facilities UK wide in liaison with the GP practice so that dementia patients can receive minimum 12 treatments and then be reviewed depending on the brain function status.

Since my talk with regards this topic at Brain Conference in Warsaw Poland on 26/9/2014, I already have my fellow colleagues ready Worldwide to treat people with Dementia with effect from January 2015. I feel that we in UK need to lead in containing this disease and set an example for the world to follow. **I LOOK FORWARD TO HEARING FROM POSSIBLE SPONSERS TO HELP GET THIS PROJECT FULLY ON THE ROAD. THANK YOU.**

Best wishes and good energy

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