

# GLOBAL



#### **NEWS**

When quality counts

When confidence counts

Nº 32 June 2013

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## Introduction to GLOBAL newsletter 31

Global Network newsletter is written to help reflexologists understand the conception and development of Facial and Neuro foot reflex therapy's so that trained therapists may have confidence in its application.

The articles will inform students and other readers about the fantastic work done by some students around the world as well as letters from happy patients.

Global Network and the International Institute collects cases from students and patients around the world.

Please help us with more cases.

You can find more than 300 case studies linked to all our web pages:

#### Global News

www.facialreflexologyuej qqrfeqo www.reflexologiafacial.es heekentghrgzqrqi {uej qqrfeqo www.temprana.org





#### Hello Lone

Recently I received a sad message that one of my clients had passed away. I was very sad and at the same time I was very touched by the following greeting from the deceased's wife:

THANK YOU for everything you have been to us.

We have been pleased with what you've done. And the treatments made a difference.

From Eva, Denmark

#### Hello Lone

A mother and Facial Reflex therapist wrote:

Hello Lone

Just had to tell you that I have been working with my son.

Last week I was able to do steps 1-6 - all.

I do find that once I start the session that he calms down

Also I find that he has small seizures a day or two after his Facial Reflex therapy session but then he is better than he was before in some way or another.

He is much calmer, his face becomes more balanced, his color improves, his legs are a lot less spastic, his feet are more relaxed and not turned in from the CP, seems more content, seems more accepting of new people working with him, seems a lot happier, tension is gone from his body, he seems to be more alert, more understanding and is asking to where his shoes!!!!! WOW

Thanks for Facial Reflexolgy From Canada

#### Temprana Reflex Therapy status of Frederick from his Mother in Denmark; Great improvements....

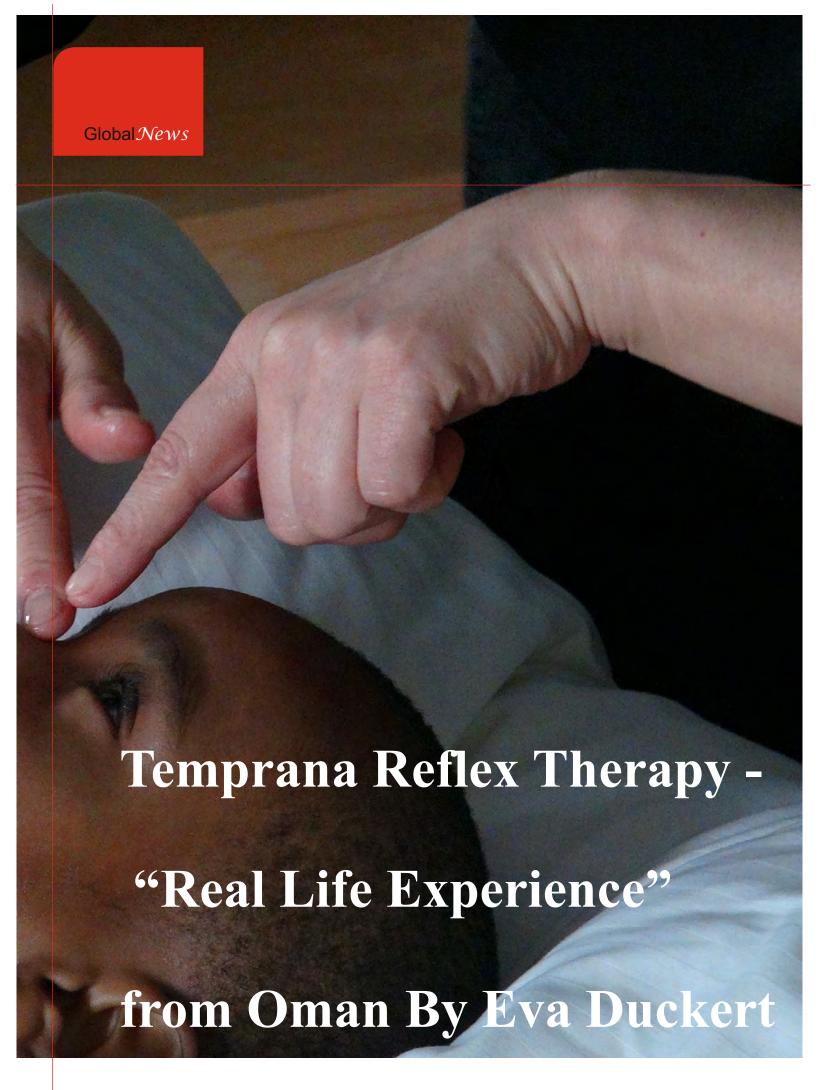
Cognitive improvements; Frederik talk complete without latency involved in common conversation, contribute relevant information can be stopped when his chatter running in circles.

Eat more controlled, do not waste so much more and Frederik like to try something new food. Physical: Hip Function is much better than before surgery. At entry into the car, he only helps a little with his hands to get the leg into.

Walking by rollator. (Was informed that could go up to 1 year before the habitual function was obtained)- Now he is already walking long before.

Use left arm/hand more or less as a help function. Frederik can take toilet paper from the roll. Endurance: has approx. 3 weeks ago swum 500 meters! With water wings and belt cycled 6 km! Social: Is started school, says daily on friends and experiences. Seeking others contact we have such Threw a party where Frederick did not want to sit with us ... voluntarily went to bed at 1 am, where he was tired but still showed no sign of it.

Epilepsy: is reduced 112 1/2 mg in tobimax over the last 3 months has been the change that he someday get up to 18 attacks but then it takes approximately 3 - 4 weeks in between, and always followed by a motor functional gain. He is still 2 other prep as we will udtappe him. From Jette, Denmark





#### "Real Life Experience"

#### from Oman By Eva Duckert

4 yrs. old boy with 3 brothers and 2 sisters

Diagnose: Duodenal artesian and Jaundice

**Pregnancy:** Premature- 32 weeks, weight 1.76kg

Diagnose & Symptoms

Duodenal atresia

Bilirubin encephalopathy

Dys-kinetic cerebral paralyze Bilirubin too high (186.5 (0-17)

*The boy was feeded by bottle (sagging delay/premature).* 

2nd day after birth he was vomiting green.

7 days after labor they did surgery in hospital for Duodenal Atresia.

The mother noticed that he was very yellow from the first moment after birth, but medical doctors said that all was normal. Later in another hospital analyzes show a very high bilirubin. Bilirubin was treated very late.

*Now:* The boy is not developing normally

He cannot sit, walk, talk or stand. He does not have any language.

*Medicine:* Homeopathic medicine

Other therapy: No

**Biggest deposit:** Stomach- second Liver, Kidney

Temporal, swollen area on brain stem – both feet

T4-5 T9-10

**Recommendation:** Temprana Reflex therapy. Full family course the 28th-29th-30<sup>th</sup>





1- Tomoyo from Japan teaching mother and sister

2- "Keikos Kindergarden" taking care of the numbers of childrens showing up for family hometreaning courses.

## Global News

#### Temprana Reflex Therapy -

#### "Real Life Experience"

#### from Oman By Eva Duckert



Tomoyo from Japan treating the little boy.

We – Tomoyo, Keiko and I – were teaching the father, the mother and the eldest sister of 13 yrs. how to stimulate the little boy every day with Temprana Reflex Therapy according to a special program composed just for his diagnose and symptoms.

The little boy has had a very tough start in life and has big challenges.

When we first met him, his father came with him in arms and left him on the treatment bed.

We noticed that he was small to his age and that he was lying hunched and crooked on his back with his incredible thin arms and legs without muscles. He accepted very well the stimulation, when we started the program for the family.

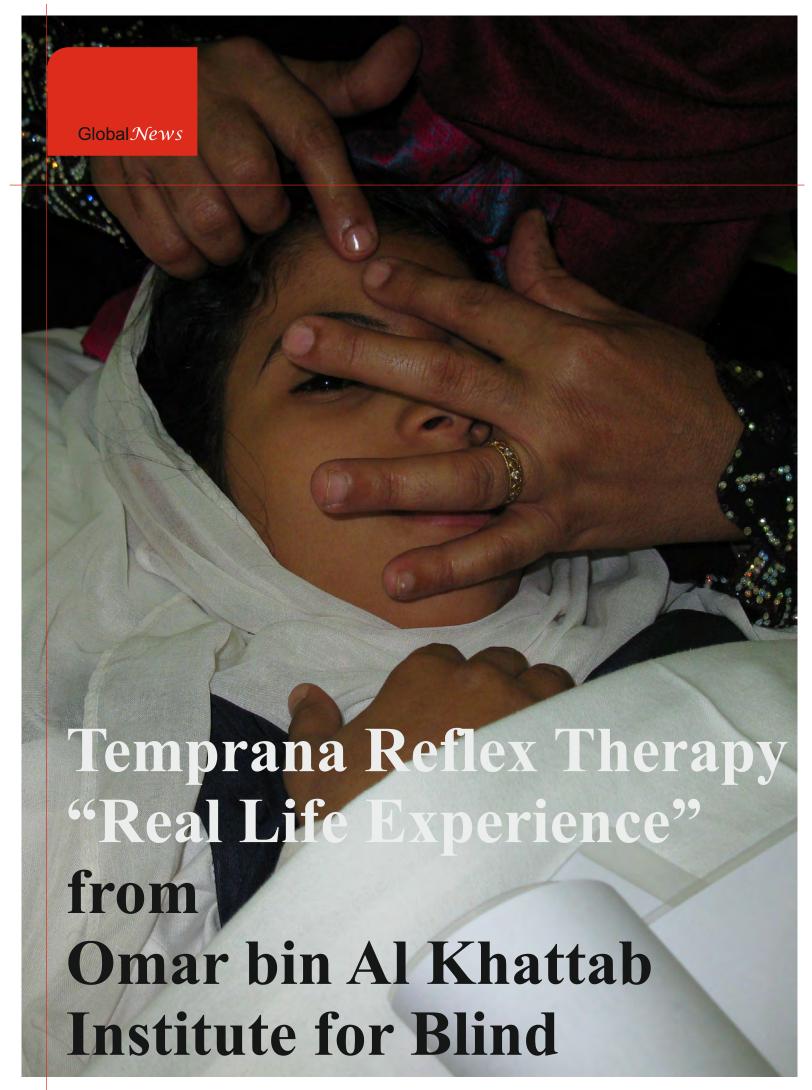
It was the father who led the family; he was head of the family and good at English. His mother and sister just looked at our stimulation. The father told proudly that he had 8 children (with two wives - the other wife he did not mention), so I was wondering, where the last two children were! With the little boy's mother, he had 6 children; they were present in all 3 training days. so there was a need for entertainment! The youngest was 1 yr. and the eldest 13. The smallest one had to be breastfeed at regular intervals - roughly at the same moments when the father needed a break in the program to pay a visit to the nearest mosque. We learned that it is customary to pray 5 times a day - he was really busy the father!

Our little boy's father turned out to be very loving and committed and all three - father, mother and sister - were skilled to execute the program.

Already on the 2nd the day we noticed that the little boy's body was more extensive in the treatment bed and we noticed more life in his face.

On the third the day he was even more lively. He moved around on his back and there was so much going on in him that many times we had to push him in place so he did not fall off the bed. It was great to see him like that!

We hope and pray that many more improvements will happen when the family starts to stimulate Temprana Reflex Therapy. I will follow his development!



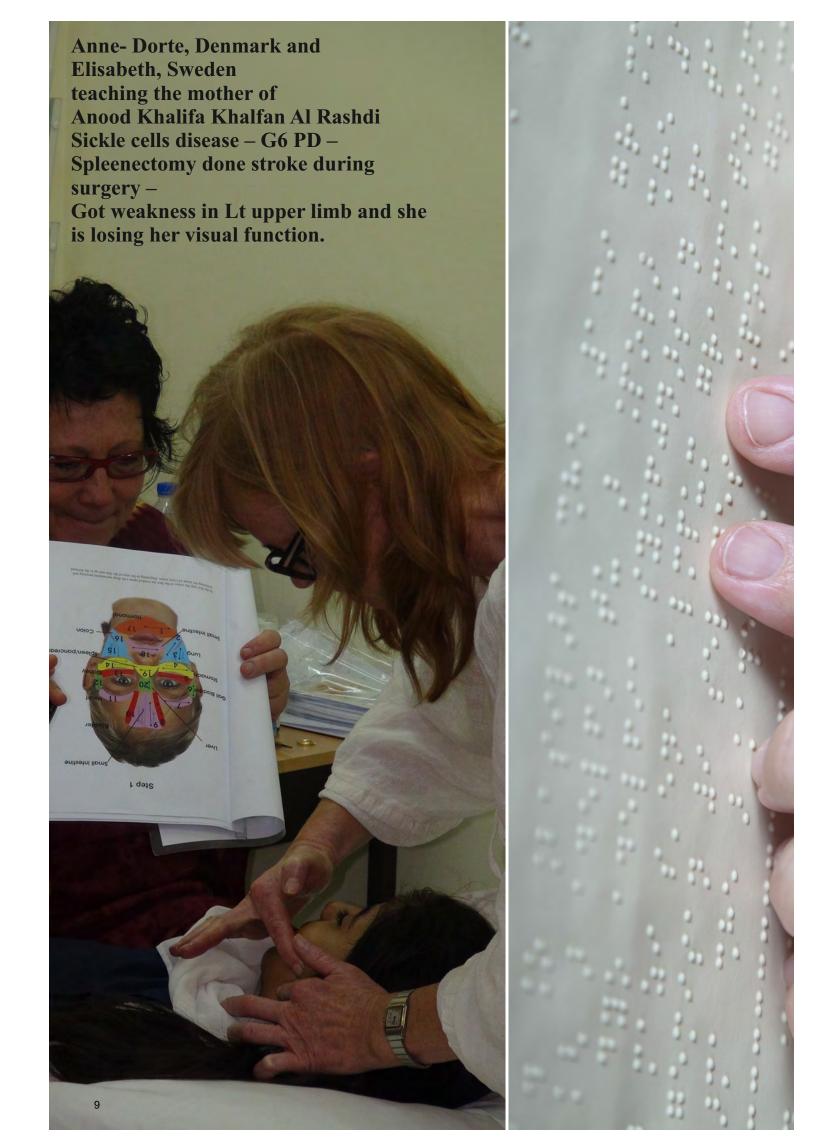


#### Omar bin Al Khattab Institute for Blind

Jerick from Poland teaching the mother of Said Saif Mohammed Al Hadi, suffering of the terrible illness - Achromatopsia (Spinocerebellar ataxia) Saids as one of the consequences are suffering of low vision.

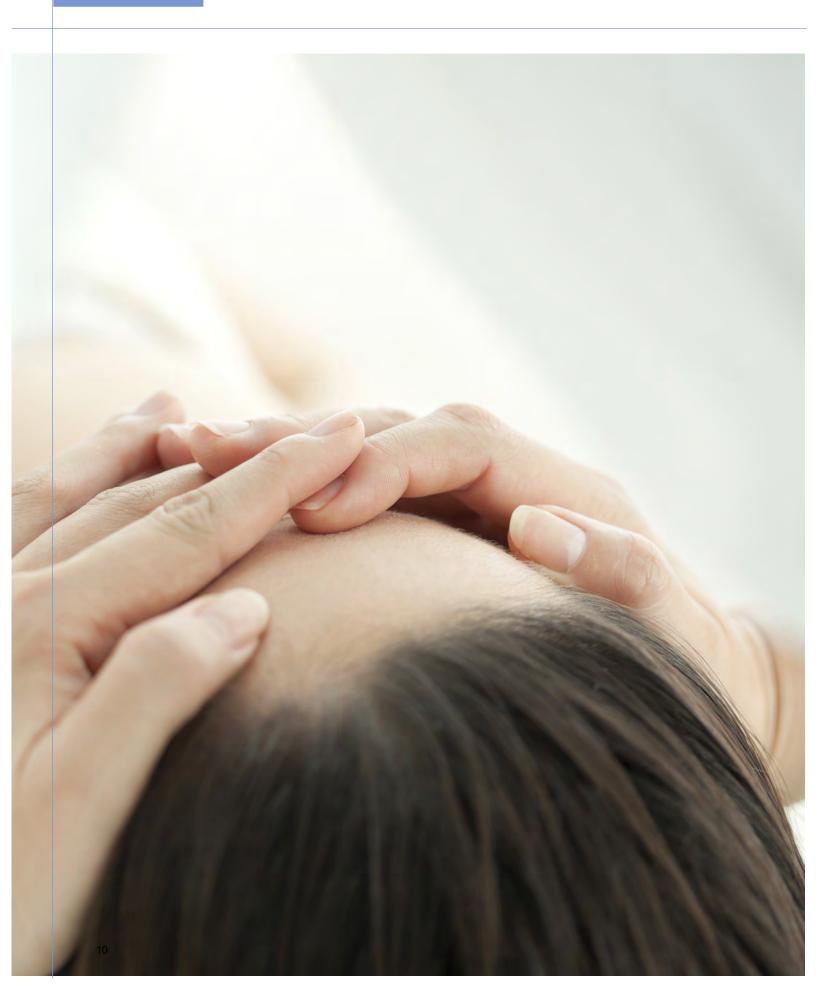
The mother of Said Saif Mohammed Al Hadi treating with hand reflex therapy





Global News

# Reflex therapy - supportive treatment for patients with cancer By Lone Sorensen





#### Reflex therapy supportive treatment for patients with cancer By Lone Sorensen

Reflex therapy supportive treatment for patients with cancer. Recent research indicates that Reflex therapy is a valid application for cancer pain, anxiety, nausea and vomiting, lymph edema, and care support.

The evidence shows that Reflex therapists can offer treatment for patients with cancer with confidence.

The therapeutic application of Reflex therapy for cancer relates to the management of pain, depression and anxiety, lymph edema, nausea and vomiting during chemotherapy and care support.

#### Pain

Pain is a common feature in late stages of cancer.

Pain is one of the most feared symptoms of the dying process.

In a study comparing massage to simple touch, both massage and touch produced sustained improvements in cancer pain, but organized treatment of Reflex therapy is significantly more effective reducing pain than touch alone.

In advanced cancer with intolerable pain it is possible to increase the quality of life for cancer patients. Reflex therapies have effective immediate benefits on the pain and anxiety associated with cancer. Based on research, it is reasonable to conclude that Reflex therapy is a valid application for cancer pain.

#### **Anxiety**

The most consistent symptom in cancer patients is anxiety. Reflex therapy has a powerful anxiety-reducing effect and has been shown to help cancer patients receiving chemotherapy to feel better and also cope better with their disease.

Pre and post anti-anxiety treatments is also used in patients undergoing radiation therapy.

Anxiety and depression and immunologic state can improve applying Reflex therapy combined with aromatherapy in cancer patients.

Mothers of children with cancer, - tension and anxiety levels are significantly higher than in mothers of children suffering from other types of diseases or with healthy children.

Reflex therapy has a favorable effect on stress and serves as a useful support tool.

Furthermore, Reflex therapy for children with cancer appears to decrease anxiety in both parents and children.

#### Lymph edema

Fluid accumulation due to obstruction of lymphatic vessels is termed lymph edema and manifests as swelling in the subcutaneous tissues. It is a commune consequence for patients with cancer. Reflex therapy can increase the lymphatic flow.

#### Nausea and Vomiting

Nausea and vomiting are a commune side effect for people with cancer, especially patients undergoing cancer treatment. Evidence shows that acupressure and Reflex therapy assists this problem.



#### Global News

Reflex therapy practitioners can offer assistance to patients seeking treatment as a support therapy for cancer.

Practitioners should be aware that Reflex therapy is a complement and supplement to other treatments. Therefore, complementary medicine should **not** be offered as an alternative to medical treatment but as complementary.

- In research using EEG in altogether 24 studies demonstrate that Reflex therapy has relaxation effects.
- Research using EEG demonstrate reducing of pain: Pain reduction following reflex therapy work is documented in 27 studies including research showing impact on individuals of all ages and health states.
- Ameliorates health concerns: Research shows that reflex therapy helps individuals of all ages with some 78 health concerns ranging from aggressive behavior in children to urinary concerns of the elderly
- Improves blood flow: Separate studies show that reflex therapy increases blood flow to the feet, brain, kidneys and intestines.
- Aids post-operative recovery: Reflex therapy aids recovery after surgery as shown by several studies, reducing pain and lessening use of post-operative analgesics.
- Impacts on physiological measures (eg blood pressure and cholesterol measurements by ECG, EEG and MRI).
- Enhances medical care: Reflex therapy helps where nothing else can for many; phantom limb pain sufferers, neuropathy patients.
- Benefits mental health: Research demonstrates that reflex therapy can reduce depression (11 studies) and anxiety (9 studies).
- Complements cancer care; Pain, nausea, vomiting, and/or anxiety eased for chemotherapy patients following reflex therapy as shown by 16 studies from 7 countries
- Eases pregnancy, delivery and post partum effects; Women who received Reflex therapy experienced shorter labor times and used less analgesia. In addition, Reflex therapy showed a positive impact on postpartum depression, anxiety, urination and bowel movements.

#### Reflex therapy complements cancer care

Results from 24 studies conducted by nurses in ten countries are reported in Medical Applications of Reflexology: Findings in Research about Cancer Care (Kunz, Barbara and Kevin, RRP Press, 2011). The results show that reflexology helps cancer patients improve the physical and emotional symptoms of the cancer experience. From chemotherapy to symptom management and from postoperative care to palliative care, research demonstrates reflexology's effectiveness at alleviating pain, relieving anxiety, easing nausea and more for cancer patients.

For the 28 million people fighting cancer worldwide and for the 1.3 million diagnosed patients each year in the US alone, findings from the reflexology research offer potential for improved quality of life and easing of their symptoms.





Speaking to such potential are the results realized by the total of 1,173 cancer patients participating in the 24 studies:

In eleven studies totalling 697 cancer patients receiving chemotherapy, reflexology was found to be effective at in easing symptoms such as nausea vomiting, fatigue and anxiety.

For those under cancer care with concerns about management of symptoms, six studies of reflexology which included a total of 255 patients demonstrated its effectiveness in reducing pain and anxiety

Two studies of post operative cancer patients including a total of 89 cancer patients noted results of lessened pain and anxiety reported by patients to whom reflexology was applied as well as significantly less use of analgesics.

Five studies of reflexology applied to a total of 69 cancer patients in palliative care found that reflexology helped with alleviationhttp://www.reflexology-research.com/index.php/13-intro/384-reflexology-complements-cancer-care

Reflexologists have been working with women diagnosed with breast cancer for some years now. In fact, the University of Michigan has been researching the effects of Reflexology treatments for this disease.

Researchers at Michigan State University are finding that many women who are receiving chemotherapy while in the late stages of breast cancer are turning to a complementary therapy known as reflexology to help them cope.

In a pilot study, researchers from MSU's College of Nursing tested three different complementary therapies – reflexology, guided imagery and reminiscence therapy, in which women recall times in their lives when they've

met and overcome challenges. Of those three, reflexology proved to be the most effective. –

Reflexology helps women receiving chemo in late-stage breast cancer

Professor Dr. Gwen Wyatt, who is running the MSU study, was a keynote speaker at the 'Reflexology Association of Americas Conference in May 2008 held in Portland, Maine. She presented some of the work she has been doing—uniting Reflexology practitioner with breast cancer patients.

SOME OF HUNDREDS HISTORIES FROM THERAPISTS AROUND THE WORLD ABOUT TREATING CANCER PATIENTS. WE NEED MORE!

#### Paula Heggen, Netherlands, wrote:

One of my oncology patients called me as she was admitted to hospital. Probably due to chemotherapy her colon stopped working (ileus). She was very sick.

After 3 days treating with Foot-and Facial Reflex therapy and laser once a day, her colon is now working again! Her doctor saw me working and was very interested.

#### Sue, Australia, wrote:

A client with colorectal cancer; had a colostomy and then a reversal; had severe diarrhea and cramping which gradually improved with foot reflexology.

#### Eva, Denmark, wrote:

My client with Ovarian Cancer since 2010 comes mostly to calm her nerves before going off to the next control at the hospital.

She is being checked every 3 months and it is a great mental strain every time.

After the treatment, she is more relaxed and can better take the great psychological pressure.

#### Keiko from Japan wrote:

Woman, 33

Level 3, cervical cancer

Treatment: 1 time per week with Facial Reflex therapy treatment.

After 4-5 months treatment the level 3 was a change into 1. When I began the treatment, the patients' face was pretty hard. After 4 to 5 treatments the texture changes into soft. Some treatments I combined with neuro- foot reflex therapy, which helped a lot increasing the immune system. Now the woman remains the same good conditions.

I did treatment for 6 months.

#### **Vero from Jersey wrote:**

The lady of 51 years was diagnosed with terminal stomach cancer and was told that any treatment was palliative care only.

The first treatment was in February, and when I did follow up 2 days later, she told me that she was able to eat something for the first time in a long time.

A natropath in New Zealand had told her that she should have chemotherapy.

On the third of my treatment she fell asleep, and told me that she had a dream that a deer was "eating her cancer".

Her appetite has become much improved.

I showed her points, and areas that she could work on herself, on her face and hands, and her husband worked zones on feet every day.

Despite the effects of the chemotherapy, she has been feeling much better.

Two weeks ago, (9 May 2013) she had the 8th treatment from me, and when I arrived, she told me that she had an ultra scan the day before and they told her that they could not find a tumor!!!

This is a fantastic result.

#### **Sharon from Australia wrote:**

Very exciting! - A client with secondary lung and adrenal cancer, after 5 months Facial Reflex therapy treatment has no tumors present. Oncologist says it's a 'spontaneous remission'. This man had been told he was dying and all treatment was stopped 6 months ago. Also a lady who has had leukemia for 6 years is now fine! And doctors are baffled now saying maybe she never had it in the first place. I've been treating this woman for 5 months.

WOW! So results are really starting to show.







FANTASTIC RESULT OF JAPANES FACELIFT

11 TREATMENETS by JOSEFINE HENZE, DENMARK



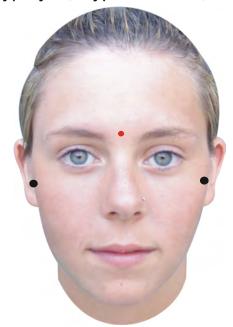
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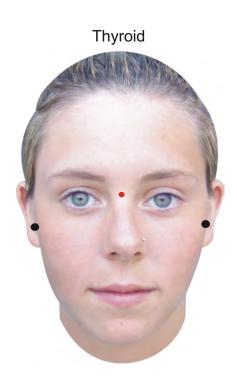


# Nerve points for hormonal glands

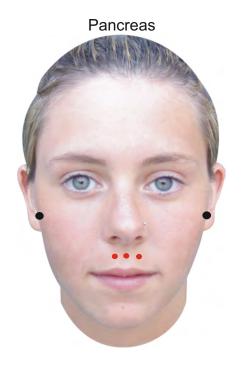


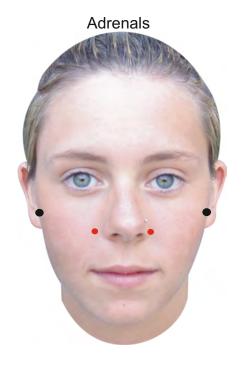
Hypofyse, Hypothalamus, Pineal

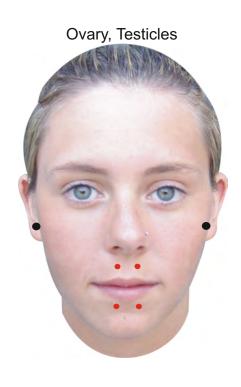
















#### TEMPRANA REFLEX THERAPY

### AN INNOVATIVE EFFECTIVE REHABILITATION CONCEPT OF REFLEX THERAPY FOR CHILDREN AND ADULTS

Among benefits, improves cortex problems such as motor, mental, physiologic and metabolic dysfunctions.

The main objective of **TEMPRANA REFLEX THERAPY** is to achieve a significant improvement in children and adults with various problems, from cerebral-spinal damage to vision-, hearing-, motor neuron-, learning problems, or arising from a problem occurred during delivery, genetic syndromes, domestic accident or chronic disease.

Temprana Reflex Therapy can increase the body and brain ability to heal itself.

Treatments are non-invasive, safe and do not rely on the use of medication.

**Temprana Reflex Therapy** is a brain-based concept based in the latest knowledge in specific individual analyzing and stimulation for;

- -Brain damage; stroke, lack of oxygen, Cerebral paralysis, intoxications, infections etc
- -Genetic and non-genetic syndromes
- -Metabolic disorders
- -Neurologically disorders
- -Psychological and mental disorders
- -Learning and behavior disorders

The objective is to offer families of disabled and other patients with chronic illnesses, -children and adults- home training programs in the field of rehabilitation.



Stimulation as soon as possible is one of the most important factors to achieve good results with **Temprana Reflex Therapy**.

As soon as possible after the birth or accident or when the disease the therapy is acquired. The sooner the therapy is applied, the better and faster the results.







make

a difference



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s o r e n s

and

## make

a difference ... Also for

Also for Alzheimer's Dementia





Help patients to learn to participate active in their own recovery......

## make a difference ...

