# Welcome to the 30 Newsletter of GLOBAL FACIAL NETWORK Jan 2013

Jan 2013

### **Reflex NEWS**













Sultan Qaboos Sports Complex

The benefits of Neuro-Reflex therapy in Sport ·Improve circulation & lymphatic flow

- ·Sedate or stimulate nerve system
- ·Increase or decrease muscle length
- ·Assist in mental preparation for sporting
- ·Assist in the removal of metabolic waste
- ·Increase or decrease muscle tone



Can be beneficial at various stages of participation

- ·During the conditioning / training phase
- ·Inter competition
- ·Post travel
- ·Injury recovery
- ·Pre competition / event
- ·Post competition / event
- Increase performance
- ·Prevention of injury



## Introduction to GLOBAL newsletter 28



Global Network newsletter is written to help reflexologists understand the conception and development of Facial and Neuro foot reflex therapy's so that trained therapists may have confidence in its application.

The articles will inform students and other readers about the fantastic work done by some students around the world as well as letters from happy patients.

Global Network and the International Institute collects cases from students and patients around the world.

Please help us with more cases.

You can find more than 300 case studies linked to all our web pages:

www.~æ**&ã**;•!^-/^¢[ |[ \*^•&@ [ |È&[ { www.temprana.org

A mother and Facial Reflex therapist wrote:

Just had to tell you that I have been working with my son.

Last week I was able to do steps 1-6 - all.

I do find that once I start the session that he calms down.

Also I find that he has small seizures a day or two after his Facial Reflex therapy session but then he is better than he was before in some way or another.

He is much calmer, his face becomes more balanced, his color improves, his legs are a lot less spastic, his feet are more relaxed and not turned in from the CP, seems more content, seems more accepting of new people working with him, seems a lot happier, tension is gone from his body, he seems to be more alert, more understanding and is asking to where his shoes!!!!! WOW

Thanks for Facial Reflex therapy from Canada

Keiko from Japan wrote

33 years old woman with level 3, cervical cancer

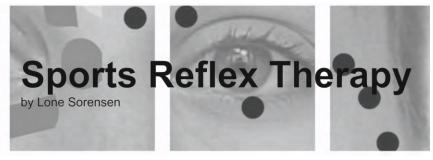
Treatment: 1 time per week / facial reflex therapy treatment.

after 4 -5 months treatment, the level 3 of cervical cancer was changes into 1. When I began the treatment, the patients whole face was pretty hard. After 4 to 5 treatments the texture change into soft. Some of the treatments I combined with neuro- foot reflex tharpy, which helped a lot with the defense.

I did treatment for 6 months.







#### REVOLUTIONARY CONCEPT OF NEURO- REFLX THERAPY

for performance increase, sports injuries as a treatment assisting in physiological and mental preparation for sporting participation, assisting in the removal of metabolic waste and training phases.

Neuro Reflex therapy is a concept combining oriental medicine, acupuncture techniques used by indigenous tribes of South America and knowledge's of neuro-anatomy. This method has been accepted by the Catalan *Institut d'Estudis de la Salut* (Health Ministry). The unique method developed by Lone Sorensen is an effective therapy as a complement to medical treatment and rehabilitation, and can also be successfully applied in the prevention of many diseases.

Neuro-Reflex therapy is a modern and effective therapeutic method, in which with hand reflex points and zones stimulates the face, feet and hands. When using this therapy, at the same time it is possible to help harmful effects of environmental in the body and regulate the function of the internal organs and systems: circulatory, muscles, endocrine and lymphatic systems. The effect of therapy is to achieve a natural balance in the body and mind of the patient.

During the procedure it is possible to accurately analyzing all the zones and individual changes in the tissues of the patient's face. In addition, by working on reflex zones, meridians and neurological points on the face, the central nervous system and blood circulation in the body are stimulated.

Thanks to this innovative therapy it is possible to regulate the internal organs, blood circulation, occurring chemical processes in the body and improve the emotional state of patients. Neuro-Reflex therapy is also effective in treating conditions such as anxiety, mental exhaustion, memory loss, insomnia, lake of concentration, etc.

Neuro-Reflex therapy is also used as an effective tool in the diagnosis of the patient's health. This is essential in determining the treatment plan, which can lead as a preventive therapy or as postoperative therapy regulates a complex process of tissue regeneration and relieving pain.

Neuro-Reflex therapy - a natural therapy by Lone Sorensen, is a recognized worldwide therapeutic method since 1978, which has successfully applied more and more in the treatment of various diseases also for sports injuries as a treatment assisting in physiological and mental preparation for sporting participation, assisting in the removal of metabolic waste and training phases.

## How Neuro-Reflex therapy may benefit in Sport?

- · Improve circulation & lymphatic flow
- Sedate or stimulate nerve endings
- Increase or decrease muscle length
- Assist in mental preparation for sporting participation
- · Assist in the removal of metabolic waste
- Increase or decrease muscle tone

#### Can be beneficial at various stages of participation, for example:

- · During the conditioning / training phase
- · Inter competition
- Post travel
- Injury recovery
- · Pre competition / event
- Post competition / event
- Increase performance
- Injury prevention

#### SPORT REFLEX THERAPY IN DENMARK

Since 1988 Reflex therapy has been used in Denmark in all sport clubs and training centers in the country.

## The effect of Reflex therapy and manipulation of bones and joints and the reset of homeostasis – the body's equilibrium.

Authors: Department of Clinical Epidemiology at Aarhus University Hospital and ViFAB Denmark.

Here you can read about the effects of reflex therapy and manipulation of bones and joints.



In research using EEG in altogether 24 studies demonstrate that reflex therapy has relaxation effects.

Research using EEG demonstrate reducing of pain: Pain reduction following reflex therapy work is documented in 27 studies including research showing impact on individuals of all ages and health states.

Ameliorates health concerns: Research shows that Reflex therapy helps individuals of all ages with some 78 health concerns ranging from aggressive behavior in children to urinary concerns of the elderly.

Improves blood flow: Separate studies show that Reflex therapy increases blood flow to the feet, brain, kidneys and intestines.

Aids post-operative recovery: Reflex therapy aids recovery after surgery as shown by several studies, reducing pain and lessening use of post-operative analgesics.

Impacts on physiological measures (eg blood pressure and cholesterol measurements by ECG, EEG and MRI).

Enhances medical care: Reflex therapy helps where nothing else can for many; phantom limb pain sufferers, neuropathy patients.

Benefits mental health: Research demonstrates that reflex therapy can reduce depression (11 studies) and anxiety (9 studies).

Complements cancer care; Pain, nausea, vomiting, and/or anxiety eased for chemotherapy patients following reflex therapy as shown by 16 studies from 7 countries.

Eases pregnancy, delivery and post partum effects; Women who received reflex therapy experienced shorter labor times and less analgesia. In addition, reflex therapy showed a positive impact on post-partum depression, anxiety, urination and bowel movements.

#### Sports Neuro-Reflex therapy by Lone Sorensen

Sports Neuro-Reflex therapy has made huge advances in recent years. No longer it's the preserve of professional athletes and sports people. More people who takes part in sport at all levels is seeking treatment to prevent injuries and to reduce fatigue after training.

It increases blood circulation, removes muscle waste and restores nutrition. It promotes relaxation and well being having both: physical and psychological benefits.

Sports Neuro-Reflex therapy can considerably speed up recovery time from training and therefore increases the quality of training.

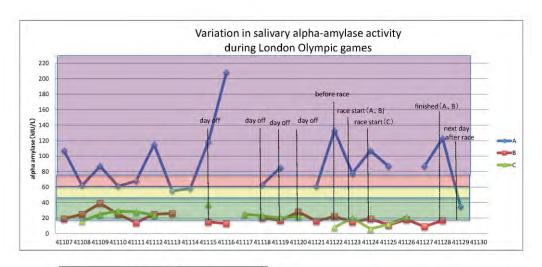
A Sports practitioner can identify potential problems at an early stage, and as a result, undertake preventative treatment, and offer relevant training advice.

Sports Neuro-Reflex therapy help unknown tension previously.

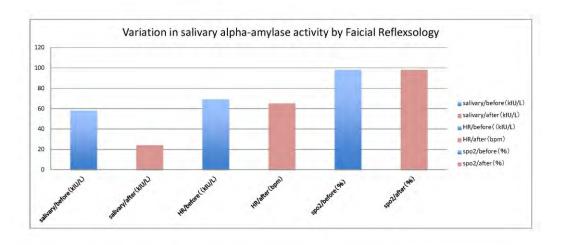
Whatever the level of participation in sport, a Sports Neuro-Reflex therapy can greatly improve personal performance.



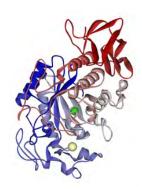
# Test of fariation in salivary alpha-amylase activity during London Olympic games, using Neuro-Facial Reflex therapy by Nori Eguchi, Japan



alpha-an	nylase
0~3 0 kIU/L	Normal
3 1 ~ 4 5 kIU/L	a bit stress
46~60kIU/L	stress
6 1 ~ kIU/L	very stress



Amylase is an enzyme that catalyses the breakdown of starch into sugars. Amylase is present in human saliva, where it begins the chemical process of digestion. Foods that contain much starch but little sugar, such as rice and potato, taste slightly sweet as they are chewed because amylase turns some of their starch into sugar in the mouth. The pancreas also makes amylase (alpha amylase) to hydrolyse dietary starch into disaccharides and trisaccharides which are converted by other enzymes to glucose to supply the body with energy.







## So what's facial reflexology?



I always find the massage you get with a good facial supremely relaxing as well as firming for the skin, so I was intrigued to try facial reflexology. Like foot reflexology, this non-invasive treatment is based on the theory that areas on your face are connected to areas of your body, and stimulating them improves underlying energy imbalances to promote wellbeing. It isn't a facial, but has rather handy beautifying side effects, quite literally 'lifting' the face to make it feel and look smoother and more toned. As well as encouraging lymphatic drainage, the massage techniques stimulate the facial nerves, blood flow and muscles, helping to build up new skin tissue and improve skin tone.

Holistic therapist Lone Sorensen developed facial reflexology over a period of 30 years, and it draws on various ancient traditions. Travelling in South America, Lone saw the Mapuche Indians massaging each other's faces and was intrigued to find out why. Her treatment draws on Chinese and Vietnamese 'body maps', where nerve points or meridians are used to relate to different parts of the body, as well as modern neuroanatomy. Despite such a rich history, the treatment is relatively new on spa menus, though it's spreading fast and is now available with over 7000 qualified facial reflexologists worldwide.

My therapist was UK-based Graham Sluter, who works from his home in Cornwall and at the elegant Hotel Tresanton. Gentle and unassuming, Graham used to suffer from cancer, and was so amazed by the effects of the reflexology given to him at his local hospice that, when he got better, he changed his life and became a therapist. Before my treatment Graham gave me a knowledgeable mini-talk on how the therapy works. I confess that sitting in my robe, feeling a little jaded, I was impatient to get onto the couch. You don't have to change the therapy is done with your body fully covered, your face and neck exposed.

Sluter applied the Sorensensistem <sup>TM</sup> facial reflexologist's tonic of choice, Lone Sorensen's INCAEARTH, 100% natural Rosa Mosqueta oil, to enable him to work deeply without dragging the skin. The smell was intensely soothing, and aromatherapy

is part of the treatment Rosa Mosqueta cream is offered to more mature women, he told me, or anyone who likes the feeling of a cream rather than an oil on their face.

He started very gently, with a soothing circular massage to the acupuncture points on my face, and continued with slightly firmer, investigative strokes, feeling for the differences in texture under my skin which would indicate parts of my body that were out of balance. I was suffering at the time from an irritating cough and blocked nostrils, and started to cough quite violently at one point he began working on the area that related to my lungs with much firmer, faster strokes.

I soon began to fade out, and went to that place beyond sleep that makes well carried out holistic treatments so deeply relaxing. This is because the treatment releases endorphins, but also because the face is so near to the brain, the control centre of the body and, in my case, a busy, list-making, irritating part of my anatomy that finds it hard to shut up. Sluter's techniques sent messages quickly to my brain and really helped me switch off.

When I 'woke up' I felt an intriguing combination of deep rest and simultaneous elation – the French word 'jouissance' comes to mind. Sluter sat me up, gave me a glass of water and told me what he'd found lung fragility, stomach sensitivity and tiredness. But I felt renewed, and looking in the mirror much later, saw my skin was positively glowing – it made me feel much more comfortable knowing the glow had come from stimulated acupressure points rather than a bottle.

As well as dealing with imbalances that develop through daily living, facial reflexologists claim that a course of treatments can help people with specific health issues. It has been used to treat insomnia, stress, hormonal imbalances created by the menopause, digestive complaints, migraines, muscle tension, and even Viral Myelitis. Sluter is also an experienced facial reflexologist using Sorensensistem TM neuro-reflex therapy for those suffering from MS (Multiple Sclerosis). Like most holistic therapies, there is so far only anecdotal evidence to support this, but having read lots of first person accounts since, such evidence is consistently positive. I for one will be booking regular sessions from now on.



sorensensistem®

Graham Sluter works in Cornwall from his home and the elegant Hotel Tresanton. He will be offering facial reflexology during Hotel Tresanton's Revive week in late February 2013. Facial Reflexology Sorensensistem™ is available worldwide− find UK therapists at www.facialreflexology.com or worldwide by looking under 'Exam therapists' on www.globalfacial.com.

This article originally appeared in *The National* © Queen of Retreats







## FOLLOWING SHOWS CASES THAT WERE TREATED AND EVALUATED BY SPECIALIST LONE SORENSEN IN OMAN FROM DECEMBER, 2011 TILL APRIL, 2012.

No of Cases evaluated by the Reflex Therapist in Oman						
	Diagnose	Months & Provi	Months & Province			
S		December	December	February	March- April	
		2011 Muscat	2011 Sharqiya	2012 Muscat	2012 Muscat	
1	Autism	4	16	31	8	
2	Epilepsy	1	3	2	7	
3	Down's Syndrome	4	4	1		
4	Cerebral Palsy	26	20	6	12	
5	Migraine				1	
6	Developmental Delay	3	7	3		
7	Motor skill disorder	1			5	
8	Muscles atrophy				1	
9	Chromosomes disorders		2			
10	Brain atrophy	3	1		2	
11	Spina Bafida		1			
12	Cancer	1	1			
13	Trisomy18	1				
14	Infertility	2	1			
15	Metabolic Disorders	2	2			
16	Hormone Dysfunction	1	2			
17	Diabetics		1			
18	Hyperactivity	1	5			
19	Muscles spasticity	1	1	3		
20	Learning difficulties	1	2			
21	Stuttering	2				
22	Dyslexia		2			
23	Slip disc		1			
24	Speech delay		4			
25	IBS		1			
26	Neuro-motor Dysfunction	1	1			
27	Stroke brain	1				
28	Musculoskeletal Disease	1	2			
Total	no.	47	73	50	37	
Total no. Of Evaluated Cases 217						

Table (2) Evaluated & Treated Cases by the Specialist Lone Sorensen in Oman from December, 2011 till April, 2012.

#### WHAT IS TEMPRANA REFLEX THERAPY

Temprana Reflex Therapy is a method of computational modelling of electrical signals; a manual tool used in rehabilitation to simulate the entire body. The brain/central Nerve System functions using reflex areas and points on face, feet and hands, like using the keyboard of a computer. Like computers the brain processes are extremely fast and many simulations can be run in a short time, allowing great results, and quickly. The process stimulates the functional entity of interconnected neurons that influence each other - this process is also called 'Cybernetics Therapy', usually used to model complex relationships between inputs and outputs. It focuses on a 'Home Training Program for Parents' that lasts for three to four days, in which parents will be ready for hands-on treatment immediately. After training, therapists maintain contact with the family offering assessment; every three to six months parents need to schedule a follow-up consultation session, in case the specialist needs to do any adjustments to the treatment plan of the patient.

Aisha assures, "It is the only successful and comprehensive treatment I have ever tried on my disabled child. It is harmless and medicine free, and it treats all sorts of diseases. Also, it's not expensive, doesn't require special infrastructure like labs or medical equipment, it's easy to learn (possible to educate a professional therapist in a time span of one to six months), it improves cortex problems such as motor, mental, physiologic and metabolic dysfunctions; it can increase the body and brain ability to heal itself; the treatments are non-invasive and are safe, and does not rely on medication.

Temprana Reflex Therapy is brain-based concept used for analysing and treatment for brain damaged, stroke, lack of oxygen, Cerebral Palsy, brain intoxications, infections, genetic and non-genetic syndromes, metabolic disorders, neurologically disorders, physiological, psychological and mental disorders and learning and behaviour disorders.

#### **RESULTS AND FINDINGS REPORTED BY PARENTS TO THE GROUP**

No.	Diagnosis	Age (yrs)	Improvement observed after	Results	
1	Metabolic dysfunction	15	8 weeks	Improvement in concentration, sleep & food improved , and school performance improved too	
2	Epilepsy	9	2 weeks	Improvement in speech, motor skill, school performance, social skills, behaviour, food & sleep	
3	Cerebral Palsy	17	6 weeks	Concentration and memory improved, less hyperactive	
4	Cerebral Palsy	14	4 weeks	Improvement in, concentration, school performance, less hyperactive	
5	Down's Syndrome	8	4 weeks	less hyperactive	
6	Cerebral Palsy	6	1 week	Concentration and memory improved, less hyperactive	
7	Cerebral Palsy	8	4 weeks	Concentration and memory improved, less hyperactive	
8	Down's Syndrome	5	4 weeks	Sleep & food have improved	
9	Epilepsy	13	2 weeks	Concentration and memory improved, less hyperactive	
10	Muscles atrophy	22	3 weeks	Feeling sensation has improved	
11	Cancer	44	6 weeks	Cancerous cells shrunk	
12	Spina Bifida	19	8 weeks	Skin has improved	
13	Muscles spasticity	10	2 weeks	Spasticity was reduced	

Not understanding a situation, or being unable to help, is still understandable, but what Aisha reveals in her interview with Y is certain to send chills up your spine, like it did mine.

She says, "There are thousands of disabled children in the interior and there are around 30 Wafa Centres that serves them. However, those centres lack various facilities. Though the Ministry of Social Development is working on developing them, in terms of training the staff in special needs, it will still take quite a bit of time for these centres to improve their situation. I see children mistreated and beaten with sticks like animals by their families. I've witnessed it with my own eyes. I almost fainted and I couldn't sleep for two weeks. The memory of that child dragged around and beaten is stuck in my mind and I don't think I will ever forget that horrible scene. And I'm sure there are hundreds that are in similar situations.

"The main factor missing here is education. Education must be provided for families starting at schools to make them aware of the factors associated with disabilities. As a mother I have done my best to help my child overcome most of his problems and I really wish to help other parents to overcome their as well; I wish to change this tragedy into something more positive and productive. Instead of feeling petty, actions must be taken to save lives and help

others live with dignity. The intention of this article is to bring to light the desperate need for a change in general perception and understanding.

"It's important to understand that disability is not the end of an individual but merely a challenge to be overcome, much like the other challenges we face everyday. Aisha's goal is to see changes happen; to see services are provided to all disabled people all over Oman. If there are rehabilitation centres that can provide rehabilitative services as well as serve as educational resources for parents, then this will be a dream come true. Also, I wish that all disabled rights are activated to help them fulfil their basic needs in order to live with dignity - this way no child will be left behind."

In order to pen this story and to learn more about these 'unique' individuals, I was urged to spend a little time at a disability centre here in Oman. After being around these children for hours, I suddenly began to feel rather uncomfortable. Unable to comprehend the reason for my awkwardness, I continued to observe them, as they observed me back with shy eyes. Then a thought occurred to me... was I the one feeling out of place? Was I the special outsider amidst their large numbers? Would I want to be judged or ignored?

Be the change that you wish to see in the world \*\*

- Mahatma Gandhi



# Real experience course in Muscat

Guidance and teaching of home training and family learning

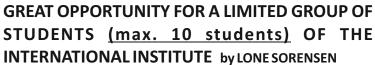
TEMPRANA REFLEX REHABILITATION by Lone Sorensen

Do you like to experience working with brain injury, syndromes and cancer patients under real life conditions, training families in the home rehabilitation method Temprana Reflex therapy in Muscat, Oman?

Do you like to experience if rehabilitation and/or palliative care field is something for you?

Then this course is for you.....





NB! **Unconditional** to be Facial Reflex or Temprana Reflex therapist sorensensistem TM.

Students of Temprana course 2012 can attend.

The 27th-28th-29nd-30rd-31st of March and 1st-2nd-3rd-th 4 of April 2013 (all day included) guidance and teaching by Lone Sorensen

The International Institutes goals is improving natural Health Care and Rehabilitation outcomes, expanding access to professional education and family training, enhancing the well-being of communities.

Tracking Tempran Reflex therapy and taking action to nurture communities helps create better live conditions for ill and handicapped children and adults and their families.

## Nurturing our future Temprana Reflex Home Rehabilitation Workforce

We're committed to improving the Temprana Reflex rehabilitation profession by helping low-income, ethnic and minority families reach the best rehabilitation for family member/s with special care need.

## Improving outcomes of natural Health Care and Rehabilitation

Translating the latest knowledge into practice help provide the best quality of care when treating patients and training families.

#### To participate in this course you must

- -Finished education of Facial Reflex or Temprana therapy (students of Temprana education 2012 can attend)
- -like children
- -be able to communicate in English (we help with Danish, Swedish, Norway, Polish and Spanish language but students teaching material is English.
- -be flexible and ready for changes of action and plans
- -be able to work in group as well as alone and to participate in the daily function of the students group.
- -be open and understand other cultures (cleansing, food, clothes, religion, behavior, etc)

#### Course content, guidance and teaching by Lone sorensen

- -Theory of the action of individual pre-consulting and assessment
- -Theory of the understanding of building individual treatment plan for Temprana home rehabilitation
- -Theory of practical action of training families in Temprana Home Rehabilitation
- 6 days of practically work with pre-consulting and training of
- -Tour; visit a Rehab center, Muscat



#### **Conditions**

- -Students care and pay for flight to and from Muscat, Oman by themsleves.
- -Students much care about travel insurance incl health insurance by themselves.
- -You must be in Muscat latest the 26th of March by night.
- Students have to pay visa directly in the Airport when arriving. The cost for visa for 10 days is 10€ (5 OMR)
- -Project are finishing the 4th of April, 5pm
- -Room or apartment must be left latest the 5th of April in the morning.
- -Cloths covering knees and elbows are a must during work time and meetings.
- -Cleansing and function of domestic service is not the best in Oman- as well as internet is not the best in the hotel-you must be flexible.
- -Dinner not included
- -Alcohol is not aloud



#### **Course fee includes:**

- -Course
- -Guidance of pre-consulting and of home training of families by Lone Sorensen with special trained international staff.
- Visit Rehab center
- -Pick up in Muscat International airport
- -Stayment in Qurum Beach hotel in double rooms o tipple apartments (extra costs for single room: 70E/day)
- -Omani traditional breakfast and light lunch
- -Last day: Omani Tour (hopefully to the desert) and Omani traditional dinner.
- -Course fee 1790€
- -Registration latest 1st of Feb 2013
- -Registration fee 790€ latest 1st of Feb 2013
- -Rest payment 1000€ latest the 1st of March 2013
- -Both, confirmation of bank transfer of registration and rest payment must be send by e-mail to the International Institute latest last payment days to sorensensistem@gmail.com

#### **Bank information**

Name of the Bank: BBVA **Banco** Bilbao Vizcaya Argentaria, S.A. ADRESSE of the bank: GUIZPUSCOA 110, 08020 BARCELONA,

SPAIN

IBAN: ES88 0182 1029 6102 0851 5694

SWIFT: BBVAESMMXXX

Accountholder: IRFI de Lone Sorensen SL

Accountholders adress: Lope de Vega 6, 08005 Barcelona, Spain



## International Training week 2013 50 CE Hours

Training week Playa de Aro, Spain, 22nd April- 28th April 2013

Price for students 795 € each Included apartment (2 students in 1 apartment or family in same apartment max 3 persons)

Included bus transport from Barcelona, Institute Lone Sorensen, Amistad 17-19, 08005 Barcelona, Spain, to Playa de Aro Bus will depart from the institute in Barcelona to Playa de Aro the 22nd of April at 2.00 pm

Bus will arrive to the institute in Barcelona Sunday the 28th of April at 13.00 pm

Included breakfast, lunch and dinner.

**Included** all workshops.

**Price for family/friends** 550 € each

Included Apartment (2 persons in 1 apartment) Deposit: 250 € latest 15th Feb 2013

**Rest payment:** 545,00 € latest 15th of March 2013 Single apartment additional payment: 200,00 €

Children up to 2 years do not pay Children from 3 to 12, 1/2 price

Payment to: www.lonesorensen.com Or Bank:

BBVA ADRESSE: GUIZPUSCOA 110, 08020 BARCELONA, SPAIN IBAN: ES88 0182 1029 6102 0851 5694 SWIFT: BBVAESMMXXX Accountholder: IRFI de Lone Sorensen SL

#### **Certificated Workshops of 4hs**

- 1-Sports Reflex therapy, face-foot Reflex therapy
- 2-Presentation of cases of cancer patients around the world
- 3-Use of supplements for Reflex therapy as laser, electro stimulation and patching
- 4-Training in building up treatment plans
- 5- Lymphatic drenage/face

All students of the international institutions are welcome to participate in Training week.

Training week is an event where news and demands is offered as short workshop.

Training week is also meant to strengthen the students in the manual techniques.

Training week is for new students who might be curious to know more and be inspired to further study as well for students with experience.

.Workshops are organized in the morning. After lunch students all countries train with each other and exchange experience.

#### The Courses of Facial Reflexology is approved and Co-sponsored by:

Instituto de salud de Cataluña IES, Spain (Amb el reconeixement d'interés sanitari de l'Institut d'Estudis de la Salut)

Lone Sorensen, P00124, is approved as a provider of continuing education by the American Reflexology

Reconocido por y Co-sponsored by the North Carolina Reflexology Association and the Center for Healing Arts, NCBTMB, EEUU

Approved by DDZ, Denmark Approved by AoR, United Kingdom

Approved by Federation for Holistic Therapists (FHT)Uk

Approved by Irish Reflexologists' Institute (IRI)

Approved in USA by:

Co-sponsored by the North Carolina Reflexology Association and The Center for Healing Arts. Lone Sorensen, **P00124**, is approved as a provider of continuing education of Facial Reflexology by the American Reflexology Certification Board.





Temprana Reflex Therapy is a method to help reeducate the brain, Central Nerve System (CNS) and Hormonal system by manually stimulating areas and points related to the brain and CNS placed in the face, hands and feet. This is accomplished by using tools such as:

Face Reflex therapy Hand Reflex therapy Foot Reflex therapy

The basis for a specific program of stimulation for a child's individual situation is to analyze brain dysfunctions for:

- Sensitivity
- Motor function
- Hyperactivity
- IQ
- Behavior
- Visual and Auditory function.
- Learning, memory,
- Concentration disabilities
- Immune system

The success of Temprana Reflex Therapy is due to an individual analysis of dysfunctions in each person, the development of a tailored program of stimulation, and the carrying out of an intensive daily program for home stimulation or by specialized therapist in institution.



## Save the Date!

MODULE 1: 21 - 22 - 23 - 24 - 25th of August 2013 MODULE 2: 2 - 3 - 4 - 5 - 6th of October 2013 MODULE 3: 4 - 5 - 6 - 7 - 8th of December 2013 MODULE 4: 19-20-21-22-23rd of February 2014 MODULE 5: 21-22-23-24-25th of May 2014

#### **Payment:**

Each module 980 €
Payment latest 4 weeks before each module
- 10% when total course value paid latest the
1st of June 2013
Last Inscriptions 1st of June 2013

Name of the Bank: BBVA B

anco Bilbao Vizcaya Argentaria, S.A.

ADRESSE: GUIZPUSCOA 110, 08020 - BARCELONA,

Spain

IBAN: ES88 0182 1029 6102 0851 5694

SWIFT: BBVAESMMXXX

Accountholder: IRFI de Lone Sorensen SL

SORENSENSISTEM

INTERNATIONAL INSTITUTE OF FACIAL REFLEXOLOGY

# IN GUATEMALA

TEMPRANA REFLEX THERAPY

## **IRFI** of Lone Sorensen provides health care to children of Guatemala

In March of 2010 5 Guatemalan families attended a private course of Temprana Reflex Therapy donated by IRFI of Lone Sorensen.

#### "EL BUEN SAMARITANO"

In a small town on the outskirts of the peculiar Antigua you will find a nice day care center for children from marginalized families. The center conducted several activities to integrate these children into society and meet their basic needs. During March IRFI of Lone Sorensen donated school supplies and Temprana Reflex Therapy courses for families affiliated with this center.



#### ¿Why Temprana Reflex Therapy?

In Guatemala, as in other countries, more disabled children are born each day growing up in families who find it hard to bear the costs of a sick person. So IRFI's of Lone Sorensen donation volition and a pair of hands has been a great relief to these families who can barely afford the medication or special care their children need.

Familes with children suffering from epilepsy, ADHD or hyperactivity, among other dysfunctions, were taught to deal with problems such as food,

and treat their kids in a natural way with Temprana Reflex Therapy. This therapy is ideal for these kind of families as they do not need more than



HAND REFLEXOLOGY. It's a good start for the child become familiar with the therap and it is very effective with hyperactive children for its calming effect.



MAKE A CHILDREN SMILE IS AN ASK. Teaching them is also meeting their basic needs



VITH FERFLEXOLOGY the child attains tate of balance and tranquility, improves t learning process and increases confidence in