

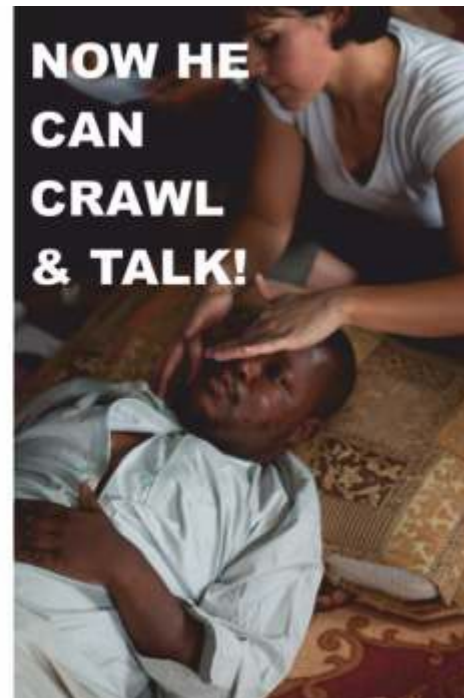
# Welcome to the 27 Newsletter of GLOBAL FACIAL NETWORK

July 2012



## Reflex NEWS

### News from Oman



**Frankincense** has a role in flavoring medications and is often described as a anti-age essential oil.

The smell of incense and inhaled incense is soothing and helps to cleanse the mind. Inhalation of aromas can also be useful in treating the many people who have symptoms of anxiety and panic and stress-related disorders.

Damp inhalation may also be useful in respiratory diseases such, sore throat, cough and catarrh.

Massage with frankincense oil, face, neck and scalp, can be used for skin care (especially for mature skin), acne, abscesses (boils), scars and wounds, and can also be effective for tension headache.

A warm bath containing a few drops of frankincense oil helps to counteract the effects of nightmares and sudden fear.

# Introduction to GLOBAL newsletter 27



Global Network newsletter is written to help reflexologists understand the conception and development of Facial and Neuro foot reflex therapy's so that trained therapists may have confidence in its application.

The articles will inform students and other readers about the fantastic work done by some students around the world as well as letters from happy patients.

Global Network and the International Institute collects cases from students and patients around the world.

Please help us with more cases.

You can find more than 300 case studies linked to all our web pages:

[www.facialreflexologyusa.com](http://www.facialreflexologyusa.com)

[www.reflexologiafacialreflexologyschool.com](http://www.reflexologiafacialreflexologyschool.com)

[www.temprana.org](http://www.temprana.org) (English, Spanish, Danish text)

**A mother of a disabled child from Denmark wrote:**

**Lone - it's amazing - I was so touched about you film from Oman, it's like I know these kids - and wonderful to see the progress they make. I know I don't know them - it's just touching anyway! - Small update, Frederik has not had seizures for 16 days now and he has been escalated 75 mg epilepsy medication down a day ago: 0): 0) All of us you are helping we are deeply grateful....**

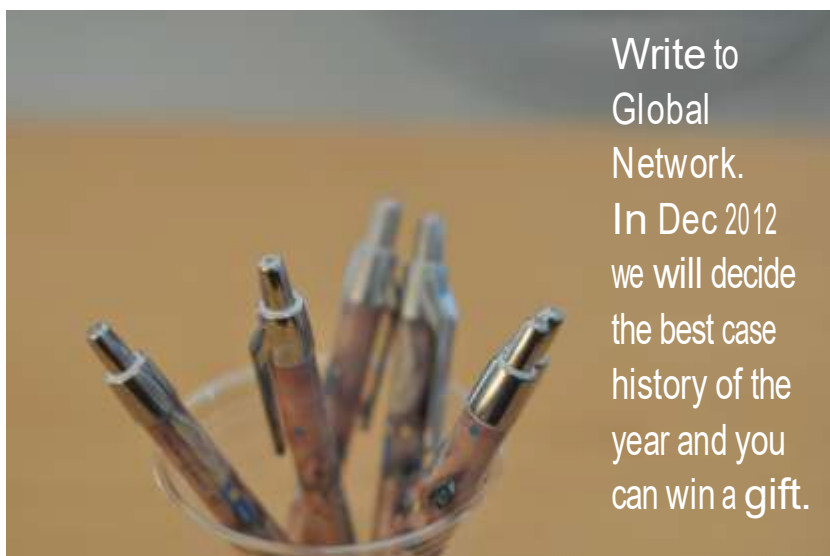
**Anette from Denmark wrote:**

**My patient is 78 years old and was diagnosed with Alzheimer's in the summer of 2010. In autumn 2010 he got a patch to be able to keep the disease at the same stage for 2 to 3 years. But he lost his will to live, became depressed, withdrew into himself, was afraid to cycling and walking, he could not keep his balance.**

When he started Facial Reflex Therapy with me, he seemed like a dog that was pulled on a leash, very apathetic and without joy. After a few treatments, his balance was better, he walk alone and he bikes again. His love for life has returned, he is not more apathetic, he takes own initiative to different things, his wife do not more ask him to do every things. She held her 70 birthday with approximately 30 people. He was not confused anymore. When he greeted guests and could not remember the name required his wife only to say the name to her husband once then he could remember the name of the person he meet. He was constantly talking to every guest as before he became ill. Guests noticed and comment to his wife how much better they found her husband.

And a side benefit - his allergy to grass is gone!!

He came for other treatment yesterday. It's fourteen days since I treated him last time and he is still fine.



**Mr Rashid from Muscat, wrote;**

First, I will like to thank Lone Sorensen because she gave my family support offering a Temprna Reflex Therapy individual parents course for my daughters. After attending three days course in Muscat I feel some improvement: one of my daughters starts walking fast and stronger. Also she likes the stimulation and wants more therapy.

My daughter Shina Rashid, 5 years old, had heart surgery recently and she will continue the treatment plan very soon again. I strongly recommend the therapy and I wish to get more support for my other daughters. The father and mother cannot do Temprana Reflex therapy alone by them self without help when having 4 disabled children - 5, 10, 12 and 15 years old.

*Lone Sorensen*



**THANK YOU**

**Kymerly Keniston-Pond**

**USA for this nice little story.**

**I had to do some banking & when I went in I saw my client (Amy\*) \*name has been changed...sitting waiting for her mother...Amy\* has a brain injury that left her w/NO short term memory. We have been working together for 4 treatments using facial/foot reflex therapy & an inhaler of essential oils to be used throughout the day...WELL...she saw me & recognized my face!!! I sat beside her & she continued by saying don't I know you from exercising (the answer is YES!!!) & don't you work with my face???? (another YES!!!!) how cool was that! What a beautiful start to a busy day....Then, she added: "I love when you work on my face because I feel like Amy\* again".....tears, people, tears...chills, people, chills...I**



**what I do....**

## TEMPRANA REFLEX THERAPY PROJECT IN OMAN CONDUCTED BY LONE SORENSEN

**You remember** that the 29th of March 2012 I did evaluation of the 3 children from same family with a genetic muscle weakness illness. It is a family with 16 children.

**Yussre** is 7 years. She is unable to walk at all and she have spasticity in both feet and legs. Her body is generally is very skinny and tinny. All other functions are perfect. Yussre is a very clever and happy girl. I found that Yussre's biggest deposit is gallbladder on her face and spinal line show deposits in T4-6

Her brother, **Hussein** is 14 years and he is also unable to walk and he have spasticity in both feet and legs. It seems as it is the same illness affecting his muscles of this face. Hussein is also very skinny / tinny, but he also seems to be happy. Hussein seems as he understand very well. Hussein's biggest deposit is lung and his spinal show deposits on cervical and T1-2.

**Abdulla** is 21 years. Abdulla cannot walk and he have spasticity in both feet and legs. Abdulla is overweight and he cannot talk. Abdulla seems as he do understand very simple sentence. He move his body from side to side and he moves his hands and arms in a un-normal way. Abdulla seems to have some autistic track. Abdulla seems as his IQ is not up to his ages at all and he depends of his younger brother Hussein.

**In Youtube Lone Sorensen you can see the film....**



# One of the new cases in Oman sponsored by the Gas Company OMAN LLG We have a dream together.....



## Khalid, 32 years, from Oman had a bad car accident in 2007

Since Khalid has been totally paralyzed from the 3rd cervical.  
During the accident he fracture the neck (3-4 cervical) and right arm.  
He has no function of control of bladder and Intestine.  
Khalid also has Tracheotomy (to speak- and absolutely any sensitivity  
from Lumbar to the toes.

**We have a dream together Khalid and me.....  
to make Khalid walk and talk again.**

In our newsletter you can follow de development of Khalid.

You can also see a film about Khalid on Youtube.



Oman LLG

## WHAT IS Lissencephaly?

Literally means it *smooth brain*, it is a rare brain formation disorder caused by defective neuronal migration during the 12th to 24th weeks of gestation resulting in a lack of development of brain folds (gyri) and grooves (sulci). It is a form of cephalic disorder. Terms such as 'agyria' (no gyri) or 'pachygyria' (broad gyri) are used to describe the appearance of the surface of the brain. Children with lissencephaly are severely neurologically impaired and often die within several months of birth.

Causes of lissencephaly can include viral infections of the uterus or the fetus during the first trimester, or insufficient blood supply to the fetal brain early in pregnancy. There are also a number of genetic causes of lissencephaly, including mutation of the reelin gene (on chromosome 7), as well as other genes on the X chromosome and on chromosome 17.

Genetic counseling is usually offered if there is a risk of lissencephaly, coupled with genetic testing.

The prognosis for children with lissencephaly varies depending on the degree of brain malformation. Many individuals show no significant development beyond a 3- to 5-month-old level. Some may have near-normal development and intelligence. With modern medications and care, some children live into their teens. Respiratory problems are the most common causes of death.

Read next pages.....



# Temprana Reflex Therapy in Salalah, Oman

## About Rahaf, a child with Lissencephaly sponsored by the International Institute



Salalah, Oman, June 2012

We arrived to Salalah from Muscat at midday. Carmen, Sofia and me. In Salalah the climate seemed quite different. It was not so hot, only about 26 degrees, cloudy and very humid. It felt fresh after a whole month in Muscat with between 46-49 ° heat. Otherwise, Salalah was very similar to what we already knew of Oman, only more green vegetation between beach and desert sand. We installed in a hotel which was completely out to the beach. We ate lunch looking at the dromedaries on the beach.



Sofia and Carmen with Temprana Reflex therapy in Salalah

The phone called. The first family who waited for us asked if they could pick us up right away and bring us to the hospital where the little girl was hospitalized. I had already been informed about the situation. The little girl Rahaf, a one year and seven months old baby was born with **Lissencephaly**. Now the situation was that for more than a month ago she got a severe pneumonia. Since then Rahaf has been hospitalized without important improvement.

The room where 4 children were hospitalized was very small. Between the beds the families were sitting on mats on the floor. From a desk in the middle of the room a nurse monitored the children.

All 4 children in the room were connected to oxygen. It all looked old-fashioned. The oxygen monitors looked quite antique as we usually see in South America. Rahaf's family waited impatiently for us. The little girl had been ill and hospitalized for more than 4 weeks now and the family were very worried. She was supplied with oxygen, antibiotics and increased doses of epilepsy medicine and food. Her breathing was still unstable fluctuated between 74 and 85. Rahaf was almost unconscious and very pale. She barely opened her eyes.

I touched gently her hair. Rahaf opened the eyes just a little bit and smiled. This is exactly what feels so amazing - the children smile when they see me, even for the first time they meet me and even though they are so sick that they can barely perceive. A good beginning.

The situation was not easy. Rahaf got oxygen, food and medicine through the nose and this meant that it was not easy to work on the face. However, it was possible to use some nerve points in the forehead and cheeks. The hands were free to perform stimulation as she only had pulse counter on her wrist.



One foot were bound because Rahaf had a bad wound on the dorsa of the foot after a permanent tube. I asked the nurse to change the binding in a way the side and sole was free of plaster, in this way I had feet ready as a nearly complete workspace. I checked some zones on the face, hands and feet. There was no doubt- Rahaf is a yellow child. Stomach - Spleen. Sofia wrote journal and Carmen, who is also a nurse, took a look into the various monitors functions and values. I started working on the feet. The tiny feet felt lifeless, swollen, inflexible in my hands. The tissue was very tense. Suddenly, few minutes after I started the stimulation I heard increasing of beeps from the monitors. Carmen kept an eye on the situation - pulse and briefing went like crazy. Rahaf hyper-ventilated, her briefing calmed down again and she hyper-ventilated again.

*Lone Sorensen treating Rahaf with Temprana Reflex Therapy in the Sultan Quboos hospital in Salalah*

This lasted about 20 minutes but then the situation slightly turned into a more stable situation. I worked concentrated on her feet for 30 minutes. Rahaf's mother followed my hands intense with her eyes. A cousin of the family, translated from English to Arabic.

The doctor came on his rounds and all family members and other visitors were ordered out of the hospital room. Only mothers could be present. The doctor signs to me and said you can intentionally finally your work. The doctor examined my little patient as the last in order not to interrupt my work. Hard to believe, but this Dr. showed great respect for my intention to help his little patient.

When I finished the feet we followed the mother of Rahaf's first attempt to implement the stimulation. The mother was really good. A quick and precise learner. But of course, she have a very important aim - her daughter's life. The sister of Rahaf also came to learn. Suddenly we had the whole family around us- the father and adult cousins, observing intensive our work.



*Lone and Carmen teaching the mother and sister of Rahaf*



Then I started to stimulate the hands. It was great to observe the monitors swings when I worked on lung zone of the hands. The curve rose and fell rapidly and then rose again and after a time the value stabilized at 85. Amazing to observe such a prompt reaction working with Hand Reflex Therapy.



Then I treated a combination of nerve points related to the more cerebral consequences of the Lissencephaly. We trained Rahaf's mother to also work on hands and face.

When we left the hospital Rahaf was sleeping calm and relaxed. Her briefing sound totally different from the moment we came and Rahaf had a nice rose color on her face.

All family members looked at us with so much relief in their eyes and they thank us very much. We left the family with hope instead of hopelessness.

Next day - 24 hours after Rahaf's cousin phoned me and told excitedly that Rahaf's briefing and the whole situation had been stable since we left the hospital and Rahaf would probably be discharged the next day.

We agreed to meet with the family again the next day for further instruction. Carmen and Sofia was picked up by Rahaf's family Saturday afternoon and taken to the home. Great to see how Rahaf was transformed into a lively little girl.

Carmen and Sofia continued training of the mother while I did assessments and trained 2 other mothers in the hospital, also sponsored by the International Institute.

After finishing with the other 2 children in the hospital and training the mothers I went also to the home of Rahaf.

The further training is now about the consequences of the brain dysfunction. As mentioned Rahaf is born with **Lissencephaly**, properly because of mothers urine infection during pregnancy. Later, at seven months Rahaf got new attack of **Lissencephaly**.



The consequence are many. Her motor function is very poor. Rahaf cannot move at all, she cannot sit or turn around. Rahaf has epilepsy and she is on medication. She also have motor-sensitivity problems; she cannot swallow or chew. Rahaf also seems to suffer some parietal dysfunctions. She is very poor in sounds. She can hear, see and talking to her it seems as she understand, but it is very difficult to evaluate, not only because she is ill but also because she is only one year and seven months old.

As Rahaf is still monitored from the face for food and medication we could only add some few Nerve point for motor-sensitive and parietal dysfunctions to the plan we already applied. Therefore we trained the mother a more complete plan of Neuro-Foot and Hand Reflex Therapy.

We will now follow the improvement of Rahaf and in September 2012 we will hopefully visit Rahaf and her family again for further training in Temprana Reflex therapy.



*The mother of Rahaf stimulating at home*

*Lone Sorensen June 2012*



# The travel to the land of Frankincense, Salalah in Oman

By Lone Sorensen  
Photos by Sofia Sorensen

Frankincense oil seems to be able to distinguish cancer cells from normal cells and reduce cancer cell



# The travel to the land of Frankincense, Salalah in Oman

## Incense and incense oil or olibanum – Frankincense

Sacred Frankincense is the first Oman-incense that has been available outside Arabic countries.



*Khalid, our  
Frankincense guide*



Our travel began from Salalah city. 3 hours drive with our Frankincense guide, Khalid led us to the first Frankincense trees in the border of the desert.

we are just wondering how a tree growing in such a dry climate can content and produce the marvelous and powerful resin.

The best Frankincense comes from Salalah in Oman and from bush *Thurifera* from northeast Africa and the Red Sea.

The name Frankincense comes from the word 'incense of Franks' after the Frankish crusader who introduced it to Europe.

The word "olibanum" is believed to have originated from the Arabic 'al-Luban' ('Milk').

Frankincense is the name of the resin that is collected by making an incision in the bark. The thick milky liquid that comes out, solidifies the size of a pea, which is amber. The solidified resin and essential oil (produced by steam distillation of the solidified resin) is still used widely today in incense, perfumes and aromatherapy.

Recently (02/09/2010) presented by BBC a News story about 'Incense - a cure for Cancer?', to discuss the discoveries of immunology and medicine conducted by researchers from the University of Oklahoma.

Immunologist, DR Mahmoud Suhail, have noted that incense oils inhibit proliferation of cancer and have already arisen cancer cells to shut itself down. He is quoted as saying "Cancer begins when the DNA code in the cell nucleus is damaged. It looks like incense has a reset function. It can tell the cell what the correct DNA code will be."

"The oil separating" brain "of cancer cells - the nucleus - from 'body' - the cytoplasm and nucleus shut down to stop it from reproducing damaged DNA codes."

The current quote for the treatment of cancer, bombardment with radiation and chemotherapy, there are so toxic, that every hair on your body as well as finger and toenails fall off. BUT, medical science does not want to use oil as it could cause an allergic reaction?

Incense is not used very much in Western medicine. But historically it has been attributed to a number of medicinal properties in other cultures as Oman, Saudi Arabia, India China for: poisoning, cancers, vomiting, dysentery and fever. In China, incense is used increasingly widely as a part of traditional Chinese medicine.



Frankincense also has a role in flavoring medications and is often described as a anti-age essential oil. The smell of incense and inhaled incense is soothing and helps to cleanse the mind. Inhalation of aromas can also be useful in treating the many people who have symptoms of anxiety and panic and stress-related disorders. Damp inhalation may also be useful in respiratory diseases such, sore throat, cough and catarrh. Massage with frankincense oil, face, neck and scalp, can be used for skin care (especially for mature skin), acne, abscesses (boils), scars and wounds, and can also be effective for tension headache. A warm bath containing a few drops of frankincense oil helps to counteract the effects of nightmares and sudden fear.

Frankincense oil is good to mix with other oils, citrus, basil, cedar, cypress, eucalyptus, juniper, geranium, lavender, myrrh, neroli, sandalwood, vetiver and patchouli.

**Diffuser:**

Use up to one hour three times a day.

Diffuse the oil during relaxation.

Sacred Frankincense is the first Oman-incense that has been available outside of Saudi or has been privileged by Oman.

Excellent oil for sensitive skin.

Keep out of reach of children.

If pregnant or breast feeding taking medication or suffer from a disease should consult a physician before use.

Store in a cool, dark place.



*Our products with content of Fankincense form Salalah*  
[www.lonesorensen.com](http://www.lonesorensen.com)

## Dates, Medicinal properties

### Medicinal properties of dates in the treatment of anemia and other conditions.



*Dates from Fatmas garden, Muscat, Oman*

Dates are high-energy food for both muscles and the brain, so it is especially recommended in the diet of athletes and people undergoing mental demands. Among its medicinal properties highlights its high iron content, making it ideal in the treatment of iron deficiency anemia, and alleviate the symptoms of anemia in general, because it is very rich in vitamin B5. Dates help the treatment of anemia in different ways. On the one hand, its high content of vitamin B5 or pantothenic acid, needed for the transformation of fats and carbohydrates into energy, relieving the symptoms of anemia associated with permanent tiredness and exhaustion. In addition, high iron content of dates, make them an ideal supplement, especially suitable in the diet for the treatment of iron deficiency anemia. On the other hand, dates containing copper, which is involved in the formation of hemoglobin in the blood. Beyond these undoubted benefits they bring dates who are anemic, it is also useful in combating stress and nervousness. So much so, which recommends eating some dates before going to sleep, since its content in tryptophan, stimulates the formation of melatonin, which prevents insomnia. Adding to the properties of the dates, they are high in vitamin B3 or niacin, which helps lower cholesterol and blood pressure. Also, being rich in fiber intestinal favor transit and the elimination of liquids, thanks to its content of other minerals such as potassium. For all these reasons, the incorporation into the diet, especially in the treatment of symptoms of anemia, is highly recommended as one of the home remedies for anemia provides more benefit for the restoration of health. You Might Also, know the properties of dates, for the treatment of other diseases. The date is perhaps due to its high content of carbohydrates, one of the best existing natural restoratives. After considerable physical effort, the fruit gets sustenance at a jiffy... The date is perhaps due to its high content of carbohydrates, one of the best existing natural restoratives. After considerable physical effort, the fruit gets regain strength in a heartbeat. Its scientific name is *Phoenix dactylifera* L. and is the fruit of palm trees *dactylifera* calls. Its high sugar content around 70% - make it an excellent sweetener. Has many variants, the most known and widespread Sahidi, Medjool and Kadrawi. The finger tab palm is native to the Middle East, although its great capacity to adapt to any terrain and atmospheric conditions has enabled it to extend its cultivation virtually everyone. However, until the Gulf War, Iran and Iraq were the world's leading producers of dates. No wonder, then, that for the palm finger tab Muslim tradition is considered the "source of life."

"The date contains, as a result for human consumption, vitamins A, D, B1, B2, B3, B9 and C as well as calcium, iron, magnesium, potassium, sodium, zinc, manganese, chromium, chromium, copper and iodine. The presence of vitamin B gives the date invigorating properties, being highly recommended for inclusion in diet to improve states of fatigue and physical weakness. The high energy contribution contrasts with a low protein-about 2% - thus being highly recommended their use in renal failure. Moreover, its high mucilage content also provides significant benefits when treating constipation. Finally, we also tested the benefits in the treatment of diseases such as asthma, bronchitis, colds and other respiratory problems.



## A breast cancer case by Lone Sorensen

A woman, 48 years old from Sur in Oman, got breast cancer first time for 3 years ago.

Before diagnosed her husband took her to Medical Drs many times because he felt something wrong with her. But Medical Drs said everything was ok. As her husband still saw his wife in bad conditions - then he decided to bring her to Thailand. In Thailand the Medical Drs found a breast tumor in her left breast and she got surgery removing the tumor and chemotherapy.

One year later during control in Thailand Drs found new tumor in the right breast. The woman got other surgery removing the tumor and other long period with chemotherapy.

One year later- as the husband still was worried about his wife's conditions he took her to India.

In India Drs gave a new and different chemotherapy. After 4 applications she became worse than never. Her skin began bleeding on her neck and the whole area of the breast. Now her skin is a open tissue, bleeding, like with white fungus and yellow liquid. She also got problems with liquid in lungs and she have terrible lymphedema worst on her right side - both, arms and legs.

Now she has been hospitalized for 14 weeks. She is in terrible conditions. Her oldest son and family are taking care of her in the hospital in Muscat- without hair, only bones and skin and terrible lymphedema.

She is now without chemotherapy - only medical treatment for empty liquid from the lungs and pain killers and of course nursers are curing her skin by washing and cleansing every day. She can hardly eat and drink or talk- even not move.

3 years ago she was operated first time!

**The family have a farm full of dates, Medical Lemon and in Salalah the best frankincense in the world!**

**Supplements highly to recommend in combination with Facial & Neuro- foot Reflex therapy- protocol applied 3 times at day.**



Keith Block, MD, who is known in the field of cancer, writes about effective, alternative cancer treatments, and considering chemo prevention trials with limonene, a monocyclic monoterpene found in essential oils of citrus fruits, spices and herbs.

As recently it is documented by Crowell and Gould (1994), limonene induces both phase I and phase II enzymes, resulting in decreased (liver related) detoxification of carcinogens and increase carcinogen excretion. **Limonene can also block tumor progression and you have seen the complete regression of mammary carcinomas using limonene and its metabolites appears to involve sprightly differentiation and reduction of programmed cell death** - an integral part of normal biological processes (Winter 1997, Vol.13, No.1, a publication of the Fetzter Institute).

**Dates** contains, vitamins A, D, B1, B2, B3, B9 and C as well as calcium, iron, magnesium, potassium, sodium, zinc, manganese, chromium, chromium, copper and iodine. Highly recommended for inclusion in diet to improve states of fatigue and physical weakness.

Finally, the benefits also tested in the treatment of diseases such as asthma, bronchitis, colds and other respiratory problems-

**Frankincense Oil:** A study in the journal "BioMed Central journal" about complementary alternative medicine in March 2009 revealed **"Frankincense oil seems to be able to distinguish cancer cells from normal cells and reduce cancer cell."** The study indicated that the oil used to control bladder cancer and the oil is an inexpensive way to eradicate cancer without harming healthy cells in the body. Since Frankincense is a natural substance, there will be no adverse reactions associated with use of chemotherapy.





**Japan is also going strong!  
With Facial Neuro Reflex  
Therapy the Japaneduring  
the Olympic games**

**2012.**

**Dates are high-energy food for both muscles  
and  
the brain, so it is especially  
recommended  
in the diet of athletes and people undergoing  
mental demands**





**Wishing you a nice summer.....**

International Institute of Neuro Reflex Therapy by Lone Sorensen  
Barcelona, Spain.

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