



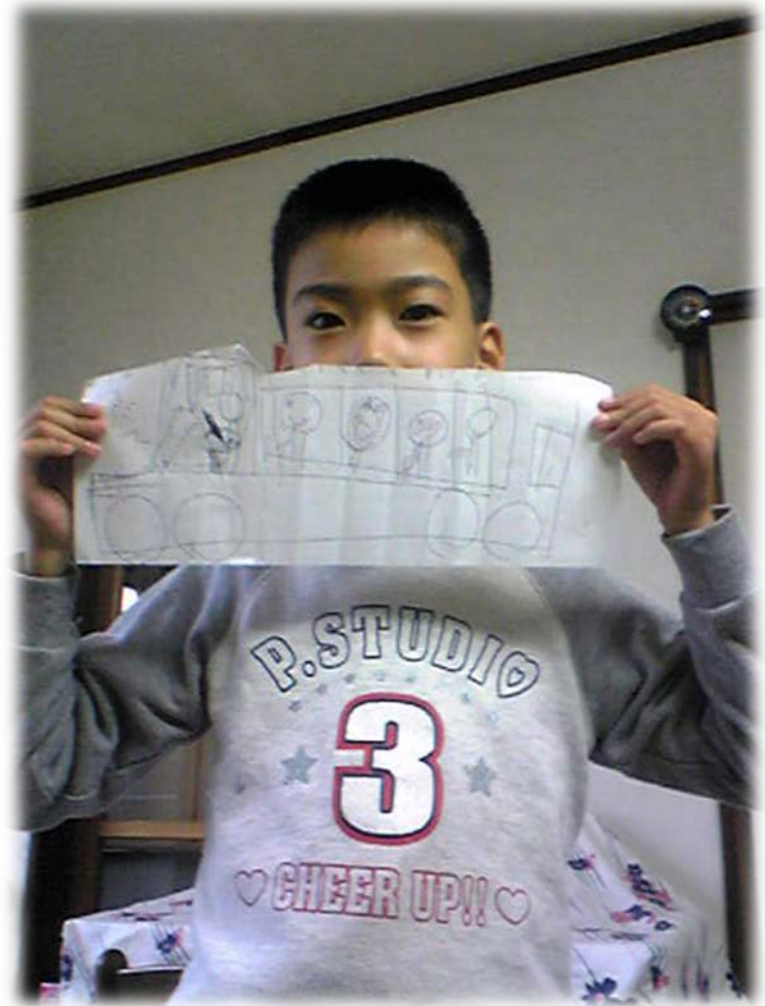
Y

Autism

*Case from Mai Ebina, Japan*

---

- ▶ Y is a Japanese 7 years-old boy. He has autism, cannot speak neither have eye contact at all. Sometimes he speaks some words but he is not capable of composing any sentence.



*Case from Mai Ebina, Japan*

---

- ▶ His doctor says his IQ (intelligence quotient) is quite low and his mental age is about 3 years old. He goes to local school but he is in a special class. He is hyper-active in class, he never stops moving. Sometimes he hits other students or his little sister when he gets irritated.
- ▶ He does not understand very well what people say to him.



*Case from Mai Ebina, Japan*

- ▶ He likes drawing. When I started treating him he only knows, to draw clocks and vacuum cleaners, it seems he is only interested in those objects. His paintings are very special, and he paints a lot in colour blue or brown, sometimes he may use red, but he always uses only ONE colour at a time, especially dark colours.



*Case from Mai Ebina, Japan*

---

- ▶ He also likes the sound of the piano. Since his grandmother gave him a clock which has an alarm with piano sounds, he made his routine to stand in front of the clock at 12 o'clock to listen to the melody.



## *Case from Mai Ebina, Japan*

---

- ▶ When I first touched his face, he strongly closed his eyes and twisted his face, but little by little his expression became calmer. I felt he liked facial reflexology more than what I expected.

### **After two months of treatment:**

- ▶ I did the treatment for the adults first, as usual, and then I treated Y. He kept his eyes open but he remained still for a while, even though he was mumbling all the time. I could not get any word of what he was saying. After 15 minutes, he started moving his legs very much, so I asked him what was wrong.
  - ▶ I asked several times but he didn't answer me. He was just mumbling something. But after 5 times I asked finally he said "hot". He said it in a very, very small voice and I could not hear very well, but he wanted to say "hot".
  - ▶ That was the first time we communicated with words.
  - ▶ After his treatment, I did facial reflexology for his mother. I asked Y to come to help me doing the treatment for his mother, and he did so and touched his mother's hand with one finger following my movements.
  - ▶ That was amazing. He helped me to do the treatment because he wanted to help his mother.
- 



## *Case from Mai Ebina, Japan*

---

### **After three months of treatment:**

- ▶ Y's drawings changed. There were plenty of colours then, although he still drew only vacuum cleaners and clocks. But I could see a lot of differences from before, I even found some words in his pictures, it was hard to read but those were words. That was interesting.
- ▶ He knew he was different from other students in his class. I think he felt some frustration with what he was not capable to do, and that was why he hit his little sister sometimes. He could not express his emotions with words so he expressed his bad feelings in some other ways.

### **After four month of treatment:**

- ▶ Y's grand mother told me that he had been using a lot of words those days
- ▶ He let me do facial reflexology for about 30 minutes, and then I asked him how it was. He answered "I did well". I was so surprised to hear that. It means he knew he had to stay still while I did the treatment and it is a very good sign that he understands what he needs or has to do.
- ▶ His teacher called his mother and told her that he was very calm in class. So he changed a lot in school as well! I didn't expect him to change so quickly.



## *Case from Mai Ebina, Japan*

---

### **After seven months of treatment:**

- ▶ Y's teacher came to his home and told his mother that he had stopped kicking or hitting his friends in school when he was irritated or frustrated.

### **After eleven months of treatment:**

- ▶ Y started laughing all the time, like hyper activity but with laughs. Eleven months ago he had no face expression and then he couldn't stop laughing. When I told him to start the treatment, he burst out laughing and couldn't stand staying in bed.

### **After twelve months of treatment:**

- ▶ I went to Y's home and he met me at the front door. He said "He, He, Hello Mai" looking at my eyes.
- ▶ His grandmother told me that he just started drawing people those last few weeks. There were even smiling people in his picture





## *Case from Mai Ebina, Japan*

---

### **After eighteenth months of treatment:**

- ▶ Y had grown up and developed, but he couldn't control his stress and frustration yet. A few months ago, when his stress built up he started to destroy things or spread water from his mouth. He used to reduce his stress with some kind of body action. But that day it was different.

### **After Twenty-two months of treatment:**

- ▶ He could remain lying down for over 30 minutes with no problems. He was capable of relaxing very well.

