

## **Temprana Reflex Therapy for Kids**

### **Phillip's story**

**Written by his mother Elisa**

I divorced Phillip's father 2 years ago. The years up to the separation were trying times for us all. My younger son, Phillip, who was 4 years old at the time, had difficulty adjusting to the resulting changes in his daily life. In addition to that, my elder son John Patrick is disabled and because of his big brother's condition Phillip felt that he had to make an extra effort to be especially considerate towards him.

After the separation I realized that my son was not thriving:

He had difficulty sleeping.

He was nervous and had a hard time settling down.

He began to be insolent and rude at home and at the nursery school.

He began to tease and bully children that were smaller than him.

He had a hard time concentrating.

His behavior generally deteriorated.

I consulted Phillip's nursery school teachers about the disturbing changes in his behavior; I hoped that they could advise me how to help him. They confirmed my own observations and they recommend that I consulted our family pediatrician. After a consultation with our pediatrician, it was recommended that I contact a child psychologist. But after 3 months of unsuccessful attempts to make an appointment, I gave up.

I felt that I needed to do something rather sooner than later so I decided to find an alternative to psychology. I already use Temprana Reflex Therapy on my elder son John Patrick; it had already made a very significant and positive difference in his life, so I thought why not try it out on his little brother.

So I began stimulating Phillip with Temprana Reflex Therapy 2-3 times a week with the basic program. (Besides providing a basic stimulation technique Temprana Reflex Therapy also provides additional techniques that are specifically tailored to the needs of disabled children).

The results became quite obvious almost immediately after I started Phillip on regular treatments, after only a few times I began to see improvements: Phillip's sleeping problems disappeared after only a few weeks and he was much calmer. After a couple of months of stimulation his behavior pattern changed, he began to be more pleasant and affectionate towards me. Since I began Temprana Reflex Therapy with him I can feel and see that we have formed a much stronger bond with each other. Although some may think that the changes in Phillip could have been a result of the undivided

attention Phillip got from me during the course of regular treatments I believe that it was the treatment that helped him.

After 2 years, I still treat him - I have now been able to reduce the treatments to once a week. I now have an incredibly charming and loving son; Phillip is so full of life and ready to discover the world. At a recent routine check-up by Phillip's pediatrician he commented on the fact that my son had not been ill during the last 1½ years. Before I started Temprana Reflex Therapy with Phillip, I had to make regular trips to the pediatrician with him for infections and other childhood illnesses. Phillip has now developed fantastic social and communication skills and his ability to learn has also developed noticeably – he is more inquisitive and seems to have a remarkable memory.

I could go on endlessly about Phillip's positive developments, but I want to stress the importance of how Temprana Reflex Therapy has helped us. We used to be stuck in a vicious circle of bad behavior and poor health, which left untreated, could only have gotten worse.

Temprana Reflex Therapy is not an instant recipe to show you how to bring up and treat your children. Temprana Reflex Therapy is a stimulation program that shows you how you can, with the aid of simple and specific stimulation techniques, improve, redress and maintain your child's good health through mental and physical balance. The aim of Temprana Reflex Therapy is to promote optimal mental and physical health.

I am now a very proud and happy mother, my son and I have not only bonded with each other, we have also developed a mutual respect for each other. Many people notice this and often comment on it.

I am saddened when I read about the increasing number of children who have to receive psychiatric treatment. I often talk to parents who have children with concentration and behavioral problems, reoccurring infections and generally poor health. These are a daily frustration for many parents and their children. The application of Temprana Reflex Therapy in these situations can help to improve the quality of life for children and their parents.

**Temprana Reflex Therapy** is a natural stimulation technique which is quick and easy to do. It requires a daily routine which only takes 20 minutes.

**Temprana Reflex Therapy** is non invasive and has no negative side effects.

**Temprana Reflex Therapy** is easy to learn to do and is extremely effective when applied on a regular basis.

