



Tristan Donn
Germany
5 years old

February 2005

Medical diagnosis 2004: Autism

Prognosis: Extremely slow learning abilities. No prospect for normal learning or schooling.
No prospect for an independent life.

Observations: Feb. 2005

Low verbal ability- can only compile maximum 2 words.

Low verbal understanding (i.e. hot - cold, happy - sad)

Inability of self-expression.

Good eye contact, but is absent for shorter moments, several times during the day.

Very aggressive behaviour - bad temper is shown by throwing himself on the floor and crying.

Doesn't have repetitive tendencies. (This behaviour pattern was shown when he was younger).

Good contact with others children and adults.

Gross motor skills:

Good gross motor skills, but has problems keeping his balance.

Potty trained.

Does not have the ability to bike.

Does not have the ability to swim.

Fine motor skills:

Eats and drinks by him.

Scribbles, but uses only one color.

Primary diet includes:

Milk.

Refined white flour.

Sugar.

Processed food heated in the microwave.

Dietary supplements:

None

Tristan lives alone with his mother Ulla. Tristan's grandmother lives in the same building and he visits her frequently. His parents are divorced and they have dysfunctional relationship. Ulla explains she had many problems with her relationship with the father during and after the pregnancy. Ulla believes that Tristan's condition is a result of this situation. The parents still have a dysfunctional relationship and they are going through a court case. Tristan visits his father every third weekend and during the summer vacation. Tristan goes to a kindergarten for children with special needs.

Facial reflexology: Main deposit: Stomach/Spleen-pancreas

Neuro- fodzoneterapi: Pancreas.

Cortex: Frontal

Spinal cord: Dorsal 4

Brain gym: 7-8-9

Dietary supplement: Omega 3-6-9

Diet: Wholesome and well balanced diet without milk, refined flour and sugar products.

The mother will treat Tristian with special Temprana program 4 times at week at home.

2006-02-14

Tristan Donn

Germany

6 years old

Medical diagnosis 2005: Autistic traits.

Prognosis: Slow learning abilities. Prospect for learning in a special needs school. Prospect of no independent life.

Observations and changes comparing with last consulting: Feb. 2006

Normal verbal ability, but does have some pronunciation problems

Perfect verbal understanding (i.e. hot - cold, happy - sad).

Ability to express himself.

Good eye contact.

Does not loose his temper as often and is not aggressive anymore.

Does not have repetitive tendencies.

Good contact with others children and adults.

Loves to play with others children and loves to walk to the kindergarten.

Gross motor skills:

No balance problems.

Potty trained.

Is able to bike.

Is able to swim.

Is able to dance.

Fine motor skills:

Eats and drinks by himself.
Draws figures, people, houses, trees etc.

Diet:

Does not drink milk.
Eats refined flour.
Eats sugar once in a while.
Eats a wholesome and well balanced diet.

Diet supplement:

Omega 3

Tristan would like to learn to play the violin.

January 2007

Tristan has started in a normal school.