



Temprana Cases around the World

Robert, Temprana Therapist, Poland wrote:

I'm working with a little 5 months old baby boy. It is really good. The parents worked very well with Temprana Reflex Therapy. I've got great results with the baby suffering from the stroke in the first days of life. Since October I've had been working twice a week. The parents worked also at home with the therapy. At the beginning the head was all the time directed left, eyes too, right hand almost did not move. Now with the head and eyes it is almost OK, with hand small difference. There was a moment that the boy had the brain tomography with contrast. Afterwards almost did not move the right hand. The mother and grandmother visited me with the child and during the treatment the boy started weaving the right hand. The women were hilarious and very enthusiastic.

After a few days there was a great improvement. I have also good results with my adult's patients.

Robert from Poland wrote;

A boy came to me in March 2009. The mother was looking for the way to help him to reduce learning problems and she chose Sorensensystem. As she described the situation, 9-years old boy had big problems with writing and concentration. I should add that there was no diagnosed developmental dyslexia. But apparently even in Warsaw it is not so easy to arrange the proper tests. As the mother said, the school did not try to help. She did the special tests just two weeks ago. But I should start from the beginning. I found out that the biggest deposit of the boy is in stomach area, smaller was in lungs area. I noticed also that bladder NP points where very fragile. So my plan of the therapy was concentrated on yellow areas on the face, but I added also neurological points for dyslexia and yellow & red cranial lines. I encouraged also the mother to work on the feet (neuro-muscular technique plus intense massage of the toes), cranial lines and 3&180 N points at home. The face treatments were planned once a week and I must admit that they were really very regular. What's more the co-operation with the mother could be a pattern for the others. The only disappointment was the fact that sugar was not eliminated from the daily diet. At the beginning of the therapy working with the boy was not easy because he was also a bit hyperactive child. Almost every 5 minutes he was getting up from the massage bed, walking, talking and so on. There was no conspicuous change till September. After 2-3 weeks of the new school year the mother



said: "A few months ago the son was making 5 mistakes in one word and now only one. He gets better notes and in mathematics evens the best." She noticed also that the boy showed much wider interests especially connected with animals and ecology. I noticed also that it was much easier to work with him, because he became much calmer. Last month's confirmed the progress. In April the official tests proved that boy does not suffer from dyslexia.

Maria, Argentina wrote:

One of my MS patients can now walk. She could not walk when I began working with her for 3 months ago. (Multiple Sclerosis)

For a month ago she did study and control with neurologist and he found progress, so now my patient can go to a rehabilitation institute and starts to move even more.

Cyndi from NC, USA wrote;

4 years boy with old Down syndrome

1- Mother reports his vocabulary increasing daily. Better able to understand and follow directions. Was able to understand and comply with instructions to sit still for a haircut. I know it seems small, but mother was elated as this had not occurred before.

2-About my little Down's boy; His teeth were grinding, now almost completely stopped. Vocabulary continues to increase. His skills in cooperation and understanding directions continue to develop.

Diane B, Canada wrote;

I am so excited. I was able to do steps 1 & 2 with my son! My son is 26 years old / cerebral paralyze.



From not able to touch his face for more than 5 seconds we are now able to do the whole Steps 1 and 2!

Bauke in Holland wrote;

Girl 3 years old asthma/ eczema very often infections, colds.

After 1th treatment more eczema

I treated her 3 months 1 time a week. She never had asthma during this time so they stopped coming.

After 3 months they came back,

She only had 1 time difficulty with breathing in 3 months and no infections only a cold

She came only a couple of times after that and then they stopped coming, because she was fine.

Paula from Holland wrote;

A 9 year old boy, born with Mobius syndrome.

He could move no muscle in his face. He lost sliver out of his mouth the whole day.

Very hard to understand what he was saying.

His intelligence is normal.

He is being treated with facial reflexology for a whole year and the father was trained to stimulate specific points every day at home.

Results so far:

He moves his lower jaw to all sides, his tongue is more flexible so that he can start up speech training again. He doesn't need glasses anymore (he was farsighted).

His eyes can move inward, before he could only move them up and down.

I'm still working with him.



Paula from Holland wrote;

A 17 year old girl, suffering of chronic cystitis. Using antibiotics every month.
Suffering of severe sweating from hands and feet.
After 10 treatments with facial reflexology she had a normal bladder function and her hands and feet were dry.

Geri, USA Wrote

A 21 years young boy, suffering a motor bicycle accident.
The boy is in rehab and has been there approximately a month. He is getting his memory back in stages, has been walking, talking, writing, etc. However, he was in an accident back in November 2009 in which he was temporarily paralyzed on right side, esp. leg and foot. He is stuck in that period since mid-to end of week. He has lost use of his right leg and foot and says he is unable to feel anything. However, he did say when I began working with him that he could feel down to his knee.

During the Facial Reflexology treatment, the boy began to move his foot and toes on the right foot when I was working reflex area for right leg and foot.
His father was so excited about because the this son could move his foot and toes that he went and got the head nurse to come in and watch him work that right foot after I finished with the session. She was impressed and we briefly discussed your work.
Also, his father stated it is the first time since the accident that he has been still for 1 3/4 hours. He was very relaxed during session and very excited about me coming back tomorrow afternoon.

Bauke from Holland wrote;

Girl 1, 5 year old.
She already suffered 8 ear infections and often running nose. She got 8 times of antibiotics.
She did not like treatments on the face. So I treated her with neuro - foot reflexology including extra maps for the ears nose thymus and throat almonds on the toes.
I gave her 7 treatments. Now she is 5 year and she never suffer ear infections anymore.



Dee from Canada wrote.

I have done 6 Facial Reflex Treatments with my brother who had a stroke in his brain stem and his right occipital as well as a stroke.

I find his face looks much more alive after a treatment. He is very receptive to the treatment taking in deep breathes.

For the first time he was able to undo his belt and button on his pants tonight!

Sometimes after a treatment he does a lot of good common sense talking too! Long term and short term memory seems to be better.

He also seems to be able to walk a bit better too after a treatment. After the second treatment he said he felt like he had forgotten how to walk. I was a bit worried but once he stood up he was fine after the third treatment he said his brain seemed foggy for a short time.

After 4 treatments I was able to feel the Plexus Balancing pulse balance, the Lymphatic points, as well as the NP points are starting to balance as well as the Cranial Points are balancing.

Joan Wendel boe Nielsen, Denmark wrote:

Lucas was my first Temprana Reflex Therapy child. He was also my examinations case. Lucas is a bright, happy and co-operative boy. His biggest wish was to be understood. It has been difficult for him because Lucas had oral and verbal dyspraxia.

At 6 ½ years, Lucas verbal language ability was graded to only 50% in fluency. This means his verbal communication only consisted of monosyllable words like house, mom, dad, car etc.

After 2-3 months of Temprana Reflex Therapy treatment there was a considerable change in Lucas. This was seen physically, psychologically and verbally. He began to pronounce more sounds and more words.

After 4-6 months of Temprana Reflex Therapy he could pronounce polysyllable words and construct simple sentences. His pronunciation improved and his verbal language results were graded to 25% in fluency.

The following months he progressed profusely. Lucas was now able to complete



sentences and his articulation improved.

After about 1 year of Temprana Reflex Therapy Lucas's verbal communication skills are graded to 100% in fluency. This of course has had a positive effect on Lucas's social life, as now he is understood. Most of all it has boosted his self-esteem and he no longer is afraid to interact with others and no longer feels socially isolated. Temprana Reflex Therapy is the most unique and effective treatment I have ever known.

I am so grateful that I have had the opportunity to study this therapy form.

Cyndi from NC, USA wrote;

My patients family moved her to NC after a stroke in Parietal Lobe. Muscles weak, voice had no strength or volume. Initially had problems tracking with eyes, but that had cleared by the time she got to me. Also suffered from neuropathy prior to stroke.

First session: feet were very tender. She could barely stand the lightest touch.
Session 2: Voice much stronger. Quick witted. Loved the Facial Reflexology, fascinated by the hand reflexology, was dreading the foot reflexology. Adjusted pressure, praxis vertebralis, and encouraged her to communicate with me on sensitivity levels.

Today her family brought her to church. (This is a big deal!) She was bright eyed and coherent. Enjoyed conversing with everyone and is looking forward to her next session.

Claris from Canada wrote;

My patient who was diagnosed with temporary psychotic schizophrenia is off her medication and is recovering very well. I will continue with the facial reflexology sessions.



Teresa from Madrid, Spain wrote;

PATIENT IN APHASIA STUDY ON TEMPRANA THERAPY TREATMENT

Patient ID: J.C.

Female 44 years old.

21 months ago, she had a stroke in her left brain hemisphere.

Consequences of the stroke were: facial palsy, right hemi paresis and motor aphasia.

After suffering the stroke, the patient has undergone a variety of medical treatments and physiotherapy.

Within these 21 months she has recovered from her facial palsy. Her ability to speak has improved (the patient is able to communicate relatively smoothly) and the mobility of her right side of the body also improved, although to a lesser extent.

Despite these advances, the patient has not fully recovered yet; she is still having difficulties due to the persistence of right hemi paresis and aphasia which also cause stress and frustration to her.

Patient-reported outcomes after eight sessions of treatment:

From the first session the patient reported an extraordinary relaxation during the treatments. One measurement of her heart rate via a holter monitor during a session detects a significant decrease of her heart rate, with values even lower than those shown during sleep.

This finding is very important since the stroke she suffered was a result of a high level of job stress and it is important for the patient to reach a suitable state of relaxation and to be able to control her stress levels and cardiac parameters.

The quality of her sleep has improved very much so she wakes up more rested and with more vitality.

Her posture is visibly improved; her psychologist has bespoken that and raised this fact to our attention.



Her physical therapist reported a marked improvement in the sensitivity of her right hand and a likely recovery of her centre of balance, which can be seen in the ongoing changes in the way she walks.

Both her mood and communication dynamics improved greatly, the patient often tells how satisfied and impressed she is with the treatment and all the progress being achieved.

First results of research, systematic investigation to establish facts about Temprana Reflex Therapy done by Physiotherapist and student of Temprana Reflex Therapy Gemza Senbursa in Turkey

PATIENT REPORT; registries change as following:

1. Cerebral Palsy + Micro-cephalic, 3 year old girl, After 17 session treatment;

- a) She open her eyes better
- b) Movements increase
- c) Stopped crying
- d) Eye contact is good and her gaze is more meaningful
- e) More peaceful
- f) Constipation finish
- g) Nutrition better she got weight.

2. Mental Motor Retardation + Autism, 7 year old boy

After 10 session treatment;

- a) He make more sound like 'dede, baba, bambam'
- b) He is interesting in the environment more
- c) Started to keep in touch with people, before he doesn't
- d) More happy

3. Mental Motor Retardation + Autism.



9 year old boy

After 10 session treatment;

- a) His gaze is more meaningful and investigate the environment
- b) Stopped the smiling which is meaningless
- c) Peevishness increased ,
- d) He got order better than before

4. Mental Motor Retardation

9 y old girl

After 15 session treatment;

- a) She start to say 2 word together like ‘father come’
- b) She use her mimics
- c) More social
- d) She stay alone and watch TV
- e) Memory is better

5. Mental Motor Retardation, Cerebral Palsy and Epilepsy, 6y old girl

After 23 session treatment;

- a) Spasticity is less
- b) She can sit all day without support
- c) Sleep good
- d) Try to grappling with hands
- e) Extend her arms) Touch her hair
- g) Making sounds
- h) Concern with the environment
- i) Know her name
- j) Look the sounds
- k) Watch TV
- l) She give reaction like southing when talk with her
- m) She had deviation in her eyes now it looks more normal

6. SMA(Muscle problem), 12 year old boy After 15 session treatment;

- a) He stop to giving break between his exercise in treatment school
- b) Start to do exercise good and fast
- c) Shoulder and arm more strong
- d) Hold his head 1 min in the crawling position
- e) Start to practice take step for both leg with support